



Alabama Orthopaedic Society

# AOS News

A Publication of the Alabama Orthopaedic Society

Summer 2023



# EMG Solutions is a proud supporter of the Alabama Orthopaedic Society and the Annual AOS-MOS Annual Meeting

We have been providing quality EMG/NCS studies in AL for **over 20 years.**

We work with many well-known practices and hospitals **throughout the Southeast.**

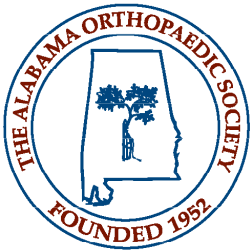
## Add EMG Solutions to your practice because:

- We provide reliable, quality EMG/NCS studies performed by Board Certified providers, done in your own office.
- Reports are typically provided within 24 hours after seeing the patient.
- Adding EMG/NCS to your practice will provide an additional revenue stream simply by doing what you are already doing.

For more information visit our website or contact us at [info@emgsolutions.com](http://info@emgsolutions.com) or call us at 334-318-9023



# Contents



## AOS OFFICERS & BOARD OF DIRECTORS

PAST-PRESIDENT (2023)  
Michael Johnson, M.D.

PRESIDENT (2023)  
Grant Zarzour, M.D.

PRESIDENT-ELECT (2023)  
Michael D. Smith, M.D.

SECRETARY-TREASURER (2023)  
James G. Davis, M.D.

MEMBER AT LARGE (2023)  
Erin Ransom, M.D.

MEMBER AT LARGE (2024)  
Jonathan Jennings, M.D.

MEMBER AT LARGE (2024)  
Bradley Wills, M.D.

MEMBER AT LARGE (2024)  
Andrew Morris, M.D.

UAB MEMBER AT LARGE (2022)  
Clay A. Spittler, M.D.

USA MEMBER AT LARGE (2024)  
James Slauterbeck, M.D.

MEMBER AT LARGE  
(UAB RESIDENT) (2024)  
Henry Debell, M.D.

MEMBER AT LARGE  
(USA RESIDENT) (2024)  
David Michaeli, M.D.

AAOS COUNCILOR (2023 )  
Robert Baird, III, M.D.

AAOS COUNCILOR (2023)  
Fleming Brooks, M.D.

AOS EXECUTIVE DIRECTOR  
Terri Mendez

Alabama Orthopaedic Society  
1085 Chesson Hill Drive  
Fitzpatrick, AL 36029



## Cover Story

20 Dr. Jim Davis Receives  
Honorary Service Award

## Features

7 Past-Presidents Honored

10-24 AOS-MOS 2022 Annual  
Meeting

25 Sponsors & Exhibitors

27 Profitability in Your  
Practice

30 Yelton Essay Award  
Winners

31 Article from Control Alt  
Protect

38 COVID 19's Impact on  
Periopertive Services



## Departments

4 President's Message

5 President-Elect's  
Message

9 Executive Directors'  
Perspective

26 Advocacy Corner

28 Getting Involved  
and Staying  
Active in the  
Political Process

29 ALAPAC

32-33 Residency  
Program Updates

36 Index of Advertisers

37 Calendar of Events



## AOS President's Message

Grant Zarzour, M.D.,

# An Excellent 70th Anniversary Meeting

It's been a very busy few months at the Alabama Orthopaedic Society. I wanted to send along some updates on all of our progress.

- We had an excellent 70th anniversary annual meeting at the Grand Hotel. We had the largest physician attendance in the history of the Alabama Orthopaedic Society. The weather, location, and group of surgeons could not have been better. Many attendees continue to report that their favorite aspect of the meeting is the wonderful collegiality that they experience year after year. I could not agree more.
- We especially enjoyed getting to celebrate Dr. Jim Davis who has served on our Board for 39 years. His contributions to our Society cannot be understated. No doubt, he has kept this organization strong with his steadfast leadership, financial acumen, and strategy. Dr. Michael Johnson recognized him at the Presidential Reception on beautiful Julep Point at the Grand Hotel and the capacity-crowd gave Dr. Davis a much-deserved standing ovation as the sun was setting over Mobile Bay.
- Golfers overtook the Dogwood Course at Lakewood for a great afternoon on the links. One of our guest speakers, Dr. Kevin

Bozic, joined Dr. Jonathan Jennings from Southern Bone & Joint in Dothan, Dr. Murray Spruiell from The Orthopaedic Center in Huntsville and myself for a lots of fun on the course.

- All of the families that attended thoroughly enjoyed the pools, slide, beach, putting, cornhole, and may other outside activities. Our family especially enjoyed making smores on the beach even though my kids were overserved on the marshmallow front!
- Many alumni from the state's two residency programs reunited over the weekend. Some of the recent graduates from the University of South Alabama were able to spend quality time together reminiscing about great experiences during training. We look forward to welcoming alumni from each program for years to come.
- We enjoy our continued partnership with the Mississippi Orthopaedic Society. I am happy to report we each plan on meeting together for years to come. There is certainly a great deal of crossover in training and networks between our two states, and we all benefit with a stronger meeting curriculum. Mississippi Orthopaedic Society President, Dr. John Kosko, and I are already working together to ensure a great meeting in 2023.

- We continue to work diligently on the advocacy front to stand up for the issues that affect orthopaedic surgeons in our state. Through close partnership with Niko Corley and the Medical Association of the State of Alabama, our legislators were educated on the concerns with the multiple scope expansion bills that were up for debate. We also have efforts underway to decrease the heavy burden associated with prior authorizations and advocate for removal of the certificate of need statute in our state.
- We are already full steam ahead for the 2023 Annual Meeting at the Henderson Beach Resort. Please mark your calendars for May 18-20, 2023, for another great opportunity to learn and connect with your colleagues from around our state and Mississippi. Also, it's a great opportunity for a family vacation with our negotiated highly discounted room rates! The room block for this meeting always fills quickly, so I encourage you to monitor your email on when rooms become available.

Grant Zarzour, M.D.  
President  
Alabama Orthopaedic Society



# AOS President-Elect's Message

Michael D. Smith, M.D.



## How Can We Serve You and Your Patients?

Dear Alabama Orthopaedic Society Members,

My name is Michael Smith and I am the President-Elect for the Alabama Orthopaedic Society. I am honored and excited to be serving in this role and am looking forward to working with our members to better serve our patients, our communities and our Orthopaedic colleagues.

After spending time at our annual meeting a few weeks ago, I could not be more excited about the direction of Orthopaedics in Alabama, and the opportunities available through the Society. We held our first annual Gulf Coast Hand Society meeting on the afternoon prior to the general meeting. Having taken a page out of our Foot & Ankle colleagues' playbook, we spent the afternoon in a more discussion-focused forum discussing difficult cases and new concepts. Our first distinguished speaker, Dr. Joseph Sherrill, concluded the afternoon with an interesting discussion on the history of Hand Surgery in Alabama. One of our guest lecturers for the main meeting, Dr. George Dyer from Harvard, was also able to join the forum and we all benefited from his contributions to the discussion. We plan to continue to hold the Gulf Coast Hand Society meetings, and I would encourage all of you that are interested in hand surgery to join us next year.

Looking forward to the rest of the year, I would like to hear more from our member Orthopaedic surgeons

on how the Society can best serve you and your patients. I believe that Alabama is a great place to practice as an Orthopaedic surgeon but I also believe that we should be constantly striving to make our practice environment better for our patients and our member surgeons. This involves material support to our local Orthopaedic residencies at UAB and USA. I believe that it benefits the entire state-wide community when UAB and USA are training dedicated and conscientious surgeons that will continue to represent our specialty well, either here in Alabama or across the nation. I also believe that the Society benefits from community outreach to our local practices, big and small, to ensure that we are providing each other with the tools and resources to ensure a healthy, successful practicing environment for all of our surgeons. This may be supporting local policies that benefit our patients and members, or this may be providing online resources to our patients highlighting local Orthopaedic practices and surgeons in their area. We provide world-class Orthopaedic care in Alabama and I am proud to highlight the successes of our colleagues in the ways they serve their communities.

In conclusion, I have three favors to ask of the members. First, please do not hesitate to reach out to me if there is anything you would like for the Alabama Orthopaedic Society Board to consider or address. I firmly believe that we are here to advocate for our surgeon members and

their patients. I believe that we are stronger together and that as leaders in our healthcare communities, we can advocate for our patients and members to make Alabama one of the best places in the nation to practice Orthopaedic Surgery.

Second, please look ahead to your calendar and plan to join us at our 2023 meeting at The Henderson Resort in Destin on May 18-20th. This meeting is not only a fun, family-friendly event, it is also an excellent opportunity to learn from your colleagues on new practice developments, as well as to help direct the course of the society for the upcoming year.

Third, in order to be stronger together, we benefit when more of our Orthopaedic colleagues are active members of the Society. Therefore, please reach out to your friends and colleagues and encourage them to get involved with our Society. Thank you for the opportunity to serve as President-Elect and I look forward to learning more about our member surgeons and their practices in the years to come.

Take care

A handwritten signature in dark ink, appearing to read 'Michael D. Smith'.

Michael D. Smith, M.D.  
President-Elect  
Alabama Orthopaedic Society  
Msmith@slortho.com  
334-332-2406



HEALTHCARE  
PROFESSIONALS  
**treated  
fairly**

With the recent acquisition of MORCAL Group, ProAssurance is now the nation's third largest medical professional liability carrier with claims and risk management expertise in every major healthcare region.

Meet the new first-in-class, where the principle of fair treatment guides every action we take in defense of our medical professionals.



Healthcare Professional Liability Insurance  
& Risk Management Services

[ProAssurance.com](http://ProAssurance.com)

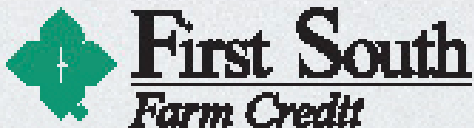


It's About  
**LAND**



*Let's finance yours.*

If land ownership or refinancing your land is what's next in your story, let First South guide you through financing the next chapter.



*Let's talk.*



800-955-1721 | [FIRSTSOUTHLAND.COM](http://FIRSTSOUTHLAND.COM)

# Past-Presidents Honored at Annual Meeting



*Thank You*  
PAST PRESIDENTS

|           |                                 |           |                              |
|-----------|---------------------------------|-----------|------------------------------|
| 1952-1953 | Paul W. Shannon, M.D.*          | 1987-1988 | H. Chester Boston, M.D.      |
| 1953-1954 | W.C. Hannon, M.D.*              | 1988-1989 | Glenn D. Barnes, M.D.*       |
| 1954-1955 | David G. Vesely, M.D.*          | 1989-1990 | Robert B. Mitchell, M.D.     |
| 1955-1956 | Robert O. Denton, M.D.*         | 1990-1991 | James G. Davis, M.D.         |
| 1956-1957 | T.J. Bender, Jr., M.D.*         | 1991-1992 | S. Rushing Smith, M.D.       |
| 1957-1958 | Elias N. Kaiser, M.D.*          | 1992-1993 | John E. Semon, M.D.          |
| 1958-1959 | John Fletcher Comer, M.D.*      | 1993-1994 | Donald A. Deinlein, M.D.*    |
| 1959-1960 | Alfred R. Earl, M.D.*           | 1994-1995 | James H. Armstrong, M.D.     |
| 1960-1961 | John E. Hanby, M.D.*            | 1995-1996 | Louis G. Horn, M.D.*         |
| 1961-1962 | Charles H. Wilson, M.D.*        | 1996-1997 | John R. Payne, M.D.          |
| 1962-1963 | William Joseph Neely, M.D.*     | 1997-1998 | Joseph M. Sherrill, M.D.     |
| 1963-1964 | Paul D. Everest, M.D.*          | 1998-1999 | Guy L. Rutledge, III, M.D.   |
| 1964-1965 | Ralph Terhune M.D.*             | 1999-2000 | Ray A. Fambrough, M.D.       |
| 1965-1966 | Guy L. Rutledge, Jr., M.D.*     | 2000-2001 | Stephen T. Ikard, M.D.       |
| 1966-1967 | Mervel V. Parker, M.D.          | 2001-2002 | Wilburn A. Smith, Jr., M.D.  |
| 1967-1968 | Chestley L. Yelton, M.D.*       | 2002-2003 | Kenneth Vandervoort, M.D.    |
| 1968-1969 | Robert O. Denton, M.D.*         | 2003-2004 | John M. Cuckler, M.D.        |
| 1969-1970 | Crampton Harris, Jr., M.D.*     | 2004-2005 | Prasit Nimityongskul, M.D.   |
| 1970-1971 | Randall M.Fay, Jr., M.D.*       | 2005-2006 | Mark A. Leberte, M.D.        |
| 1971-1972 | L.R. Lonnergan, Jr., M.D.*      | 2006-2007 | Joseph F. Curtis, M.D.       |
| 1972-1973 | Kenneth M. Hannon, M.D.*        | 2007-2008 | Joseph W. Clark, M.D.        |
| 1973-1974 | John D. Sherrill, M.D.*         | 2008-2009 | Albert W. Pearsall, IV, M.D. |
| 1974-1975 | E.C. Brock, M.D.*               | 2009-2010 | John T. Killian, M.D.        |
| 1975-1976 | Frederick H. DeVane, M.D.*      | 2010-2011 | John S. Gould, M.D.*         |
| 1976-1977 | William A. Sims, M.D.           | 2011-2012 | Russell A. Hudgens, M.D.     |
| 1977-1978 | Kurt M.W. Niemann, M.D.*        | 2012-2013 | Frederick N. Meyer, M.D.*    |
| 1978-1979 | William B. Hanson, M.D.         | 2013-2014 | Steven M. Theiss, M.D.       |
| 1979-1980 | Chauncey B. Thuss, M.D.*        | 2014-2015 | Brent A. Ponce, M.D.         |
| 1980-1981 | Jack E. Reagan, M.D.            | 2015-2016 | Ginger Bryant, M.D.          |
| 1981-1982 | R. Joe Burlison, M.D.*          | 2016-2017 | Christopher Heck, M.D.       |
| 1982-1983 | Joseph E. Nelms, M.D.*          | 2017-2018 | Howard Miller, M.D.          |
| 1983-1984 | Phillip L. Williams, M.D.       | 2018-2019 | James V. Worthen M.D.        |
| 1985-1985 | Ralph J.W. Hobbs, M.D.*         | 2019-2020 | Shawn Gilbert, M.D.          |
| 1985-1986 | M. Preston Daughtery, Jr., M.D. | 2020-2021 | Robert C. Baird, III, M.D.   |
| 1986-1987 | Lewis D. Anderson, M.D.*        |           |                              |

\*Deceased

# HAVE YOU PAID YOUR DUES?

## 2022 AOS MEMBERSHIP DUES

RENEW ONLINE: [aosdocs.com](http://aosdocs.com)

Name: \_\_\_\_\_

Address: \_\_\_\_\_

City: \_\_\_\_\_ State: \_\_\_\_\_ Zip Code: \_\_\_\_\_

Sub-specialty (please include for AOS website search): \_\_\_\_\_

**Check One Category:**

\_\_\_\_\_ Active \$300.00/yr.

\_\_\_\_\_ Senior / Resident / Fellow (Circle One) No Charge

**METHOD OF PAYMENT:**

\_\_\_\_\_ **Check** Print and complete this form, attach check payable to Alabama Orthopaedic Society and mail to Alabama Orthopaedic Society, 1085 Chesson Hill Dr., Fitzpatrick, AL 36029

\_\_\_\_\_ **On-Line**  
www.aosdocs.com Select Membership Renewal

\_\_\_\_\_ **Credit Card**  
Complete this form and email to [terri@aosdocs.com](mailto:terri@aosdocs.com)

\_\_\_\_\_ **Group Discount**  
Practices whose members all join as a group will receive a 10% discount off total dues

Card Number: \_\_\_\_\_ - \_\_\_\_\_ - \_\_\_\_\_ Exp: \_\_\_\_\_ - \_\_\_\_\_ CSV Code: \_\_\_\_\_

Billing Address: \_\_\_\_\_ City: \_\_\_\_\_ Zip \_\_\_\_\_

Email Address: \_\_\_\_\_ cell phone \_\_\_\_\_  
*will not be published* *will not be published*

Mail to: AOS | 1085 Chesson Hill Drive | Fitzpatrick, AL

Email to: [terri@aosdocs.com](mailto:terri@aosdocs.com)

Tel: 334-657-6575 | Fax: 334-460-9925 | [www.aosdocs.com](http://www.aosdocs.com)



# AOS Executive Director's Perspective

Terri Mendez

## The Whole Bag



Several years ago, my husband, Abe suffered a serious accident which included several orthopaedic injuries including: a broken right wrist, a broken left arm, a fractured talus and a broken knee. Obviously, during the next few months of multiple surgeries and recovery, Abe was at the mercy of others to take care of his needs.

Our then one year old grandson, Brooks, enjoyed sitting in Poppi's lap in the wheelchair and feeding him crackers and cookies. The best part was that Brooks got to hold the "whole bag." Holding the whole bag was a thrill! Thereafter, when Brooks had a snack, he asked for "the whole bag."

Since that time, we often use the phrase "the whole bag." It has come to mean so much more than a bag of cookies: Getting to ride the four-wheeler, drive the boat, catch a big bass, shoot the bow and arrow, bag a deer- all in one trip to Mimi's & Poppi's might be the whole bag.

A few weeks ago Abe and I went to Atlanta and got to watch three of our grandsons' baseball games, attend Crosby's First Holy Communion and a Mother's Day brunch hosted by our two daughters. My whole bag runneth over!

I'd say we sure served up the whole bag at the AOS-MOS Annual Meeting which also included the Southeast Orthopaedic Foot Club and the Gulf Coast Hand Society.

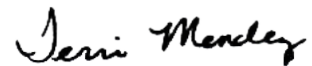
The meetings included phenomenal educational sessions with presentations from: Dr. George Dyar; Dr. Steve Haddad; Dr. Joseph Sherrill; AAOS Advocacy Council Chair, Dr. Doug Lundy; and AAOS First Vice-President, Dr. Kevin Bozic.

Our sponsors and exhibitors had the opportunity to visit over 100 orthopaedic surgeons during the meeting and at social events. The exhibit hall was abuzz!

Opportunities to visit were plenty: The meeting began with a welcome reception on the Grand Lawn. After Friday sessions, attendees took off for fishing in the Mobile Bay, golf at the Robert Trent Jones Golf Trail, or just enjoying all the resort had to offer.

Saturday night dinner at Julep Point was particularly special this year as we honored Dr. Jim Davis, enjoyed wonderful Mobile Bay food, nice music, and a little dancing.

I hope you enjoyed the whole bag at the AOS-MOS Annual Meeting and plan to join us next year, May 18-20 at The Henderson Resort & Spa in Destin.



Terri Mendez  
Executive Director  
Alabama Orthopaedic Society



[View all photos  
aosdocs.com](https://aosdocs.com)



# AOS-MOS 2022 ANNUAL MEETING

THE GRAND HOTEL, POINT CLEAR, ALABAMA





The Alabama & Mississippi 2022 Meeting was held at the historic Grand Hotel on the beautiful bay in Point Clear, Alabama. In this wonderful setting, members enjoyed educational sessions, exhibits, reuniting with old friends and developing new friendships, entertainment and time with family. The event kicked off with a welcome reception at Cannon Park Lawn where guests enjoyed delicious appetizers and visiting with friends.









NEW IDEAS  
NEW PRODUCTS

Exhibits

Scientific Sessions



























# Dr. Jim Davis Awarded Alabama Orthopaedic Society Exceptional Service Award

The Alabama Orthopaedic Society (AOS) presented James G. Davis, M.D., with the Alabama Orthopaedic Society Distinguished Service Award for his contributions to orthopaedics in Alabama during the AOS 2022 Annual Meeting at The Grand Hotel in Point Clear, Alabama.

Dr. Davis has a long history with the Society and with participating at annual meetings at The Grand Hotel in Point Clear. He fondly recalls the old days when the Board of Directors met at The Grand Hotel and spent afternoons smoking cigars upstairs in The Card Room. He also warmly remembers the days when he and Jeannie brought their young family to the annual meeting at The Grand Hotel who made friends with other orthopaedic families and looked forward to rekindling those friendships year after year.

Dr. Davis began attending the Alabama Orthopaedic Society Annual Meeting as an orthopaedic resident and co-presented a research paper with Dr. Donald Deinlein at the 1975 meeting.

Since joining the Society in 1978, Dr. Davis has been an active participant for most of his 44 years of membership. He recalls that he has only missed one Annual Meeting in 44 years.

Dr. Davis has served on the AOS Board of Directors since 1983 and has served as President, Secretary Treasurer, and AOS Representative to the AAOS Board of Councilors.

He also served as Executive Director and ran the Association with remarkable dedication – recruiting new members, planning the annual meeting, social events, and soliciting sponsorship.

A leader, advocate, and always-accessible mentor, Dr. Jim Davis epitomizes the best in service to orthopaedics in Alabama.

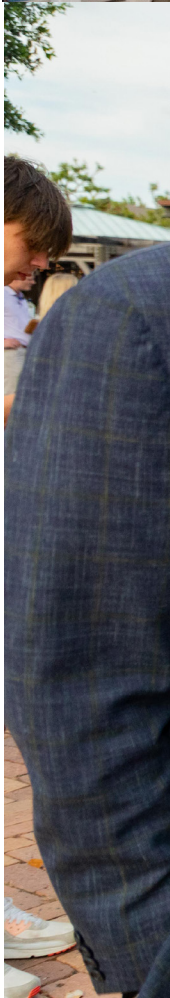


It is an honor to present him as the first recipient of this award for his decades of service. The Alabama Orthopaedic Society is grateful to Dr. Davis for his many years of exceptional service, guidance, leadership and wisdom.















# Southeast Orthopaedic FOOT CLUB

Dr. Jess Mullens served as Chair of the Foot Club Meeting this year encouraging the best ever attendance and speaker/moderator participation.

Keynote speaker, Dr. Steven Haddad, offered two clinical sessions:

- *Balancing the Foot Beneath a Total Ankle Arthroplasty: What Matters*
- *The Deltoid Ligament: Managing Acute and Chronic Conditions.*

The sessions included both lectures and case discussions from Alabama and Mississippi Foot & Ankle Orthopaedic Surgeons also attended the Foot Club Meeting.

# Gulf Coast HAND SOCIETY

The first Gulf Coast Hand Society Meeting was a great success! Drs. Michael Smith, Erin Ransom, and Kathleen McKeon envisioned something similar to The Foot Club Meeting to complement the Annual Meeting and offer additional sessions for orthopaedic surgeons who operate on the hand.

Dr. Joseph Sherrill offered the history of hand surgery during the meeting. The interest in this meeting was excellent with more than 30 physicians attending.



**Fishing Outing at The Annual Meeting  
a Success for Dr. Howard Miller**



**A perfect day for golf on  
The Robert Trent Jones Golf Trail**

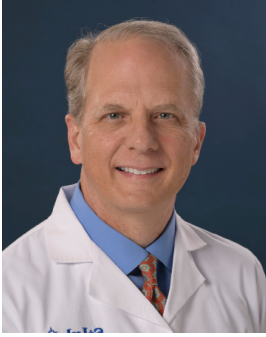


# 2022 MEETING SPONSORS

## Alabama & Mississippi Orthopaedic Meeting Southeast Orthopaedic Foot Club Gulf Coast Hand Society

|                            |                               |  |
|----------------------------|-------------------------------|--|
| Acumed Osteomed            | Endo Pharmaceuticals          | Puracyn Plus                             |
| American Health<br>Imaging | FirstSouth Farm Credit        | Sanara MedTech                           |
| Arthrex                    | Heron Therapeutics            | Shukla Medical                           |
| AVANOS                     | Infirmity Therapy<br>Services | SI Bone                                  |
| Axogen                     | Inspirien                     | Smith & Nephew                           |
| Biocomposites              | Irrimax                       | Southern Imaging<br>Specialists          |
| Bioventus, LLC             | Kowa Pharmaceuticals          | Stryker - Southern<br>Medical Technology |
| Con-MED                    | LIMA Corporate                | Stryker / Wright                         |
| Control Alt Protect        | Medical imaging<br>Systems    | Stryker Endoscopy                        |
| CrossRoads Extremities     | MedPro Group                  | Total Healthcare<br>Solutions            |
| DePuy Synthes              | Organogenesis, Inc.           | TriMed, Inc.                             |
| DJO                        | Orthofix                      | Wright Medical                           |
| DocRx                      | OsteoCentric Trauma           | Zimmer Biomet                            |
| Elite Medical Solutions    | Pacira Biosciences            |  |
| Elite PT                   | Paragon 28                    |  |
| EMG                        | ProAssurance                  |  |





## Advocacy Corner

Douglas W. Lundy, MD, MBA, FAOA, FAAOS  
Chair, AAOS Advocacy Council

It was truly an honor and privilege to present the AAOS' efforts in political advocacy at the combined Alabama and Mississippi Orthopaedic Society meeting! To recap, we outlined the AAOS Advocacy Agenda describing how we apply our resources to the issues in Washington. We continue to urge Congress to pass the Improving Senior's Timely Access to Care Act (HR 3173/S 3018) that will reduce the preauthorization burden when caring for patients with Medicare Advantage. We must remember that we face significant cuts in Medicare payments in January 2023 if the PAYGO and conversion factor updates aren't addressed by Congress. The AAOS will make these issues a priority at the National Orthopaedic

Leadership Conference in September, and we will specifically communicate what you can do to help when the time is right later this year.

On the regulatory side, we continue to monitor the ongoing rule-making process for the Surprise Billing Law which was poorly handled initially by the tri-agencies earlier this year. We filed an amicus brief in support of the AMA lawsuit against the government on this matter, and we are thrilled that the courts threw out the egregious portion of the rules and instructed the tri-agencies to go at it again. In other news, the Centers for Medicare & Medicaid Services has approved our Lower Extremity Joint Replacement MVP

(MIPS Value Pathway) enabling our Fellows to more efficiently participate in MACRA.

The Political Action Committee (OrthoPAC) continues to be strong enabling like-minded political leaders to be elected and reelected so that the needs of our patients and the voice of our profession is clearly heard. Our contributions are very evenly split on both sides of the political aisle. As we head into the 118th Congress next year, we all anticipate changes in Members and the political structure. The AAOS will be well positioned to continue to advocate for our profession and the patients we serve.

---

# RESIDENCY REUNIONS

at the annual meeting





# Profitability in Your Practice

D. Maddox Casey, CPA  
Warren Averett



Unfortunately, many physicians are working harder at improving their medical practices, but they aren't reaping the rewards. There are proven strategies to cut expenses wisely. While the thought may seem daunting, there are a few simple steps to help you identify areas to cut costs for your medical practice.

## **Eliminate Nonessential Goods and Services**

First, eliminate the use of some goods or services you may be using. For this, utilize the sunset mentality in which you ask yourself, "What will happen if we go without this good or service?" Every item on your balance sheet should be a candidate for consideration. You might even consider utilizing Medica Group Management Association (MGMA) data for comparison purposes.

## **Price Shop for Your Items**

Another way to identify savings on goods or services is to price shop. Shop for a different brand or provider and try to avoid we've-always-bought-there mentality. Consider taking your top 20% of medical and office items and getting competitive bids to identify potential savings.

## **Negotiate with Your Vendors and Engage a Healthcare Consultant**

Ask your preferred vendors to match the lowest bid. Many times, it's in their best interest to lower the price to keep you as a client. If you ask your

vendors how you can reduce your costs, they can usually give you a few suggestions to consider. If you're just not comfortable talking to vendors about this, get an outside healthcare advisor or consultant to assist.

## **Reduce Paper Use**

Look at paper processes; can you change a fax to an electronic fax? You can save in expenses associated with paper, ink and use of the copier. Are you using your electronic medical record (EMR) to its fullest capacity to reduce paper processes? Consider a document management package to route documents within the EMR to reduce printing on paper.

## **Reduce Administrative Space**

Reducing administrative space within the office can offer more space and opportunities to provide additional services to increase revenue. Many physicians do not rely upon the use of a private office space if they utilize their EMR. If you have three or four offices, convert one to a private physician lounge as opposed to a private space to work.

## **Evaluate Staff Costs and Benefit Options**

Finally, do not overlook the biggest item in the budget: staff costs. The first thing you should do is to compare salaries to available benchmarking data to ensure you are offering competitive salaries that are in line with other practices. Next, evaluate any overtime expenses and decide

if it's something you can lower or even eliminate. There is also some benefit to converting sick /vacation days to Personal Time Off (PTO) since more employees would plan for their days off and only call in sick at the last minute when it's truly necessary, which could save you money and last-minute frustration.

Consider changes to the group health and dental plans; healthcare cost has consistently risen over the last several years. Employers offering a group plan should set a flat rate in which they award a benefit toward the monthly premium. If the rates go up, the employee should incur the additional costs as opposed to the employer.

## **Moving forward with Cutting Costs for Medical Practices**

These are just a few practical ideas to cut costs to increase your medical practice's profitability. If you employ just one idea, you will save money!







Evans Brown

Manager, Government Relations and Public Affairs  
Medical Association of Alabama

## Getting Involved and Staying Active in the Political Process

With the Primary Election concluded, a term called “GOTV” (Get Out the Vote) has been used to describe a candidate’s ability to build relationships in order to reach people and connect their message to voters. Generally, the campaigns that do this the best have successful results. Our shared partnership must apply the same “GOTV” efforts to build relationships with new and incumbent elected officials. Your one phone call will make a difference, and legislators seek your opinion on healthcare related issues.

In fact, legislators will tell you themselves that they are not the experts when it comes to certain pieces of healthcare legislation that affect the medical profession. Nevertheless, scope expansion type bills that affect patient safety and attempt to set up two standards of care will be proposed year after year in the Alabama Legislature.

As Orthopaedic Surgeons, legislators and decision makers lean on your expertise and knowledge before casting a vote and that is why it is so important to stay active and get involved in the political process. If your voice is not heard, bills directly affecting healthcare and patient safety could become law in Alabama. The best way to get involved is to build a relationship with your legislator, join both the Medical Association and the Alabama Orthopaedic Society and contribute to ALAPAC. Contributing to ALAPAC is easy and serves the physicians of Alabama by helping to elect medicine-friendly candidates to office. By texting ALAPAC to 91999, your contribution will go to protect and promote the future of healthcare in Alabama and ensure that medicine will have a seat at the table in the legislative process.

The outstanding relationship the Medical Association and the Alabama Orthopaedic Society enjoys has been highly successful, but physicians must stay active. The Medical Association looks forward to continuing our relationship with the Alabama Orthopaedic Society and highly value our partnership. Please feel free to contact our team with any questions you may have on current and future legislation or how you can get involved.

*Contributions to ALAPAC are not tax deductible as charitable contributions for Federal income tax purposes. Voluntary political contributions to Alabama Medical PAC (ALAPAC) are not limited to the suggested amount. The Medical Association will not favor or disadvantage anyone based upon the amount or failure to contribute. A portion of the contributions may be used in connection with Federal elections. Corporate funds will be used in either state elections or for education purposes. Federal contributions are subject to the limitations of FEC Regulations 110.1, .2, and .5.*

### ALAPAC

The Alabama Legislature is made up of 105 Representatives and 35 Senators. In addition, the State also sends two Senators and seven Representatives to the United States Congress. Every day these 149 officials make key decisions which affect your patients, your practice, and your family. It is through ALAPAC and its political action that the views and interests of medicine are represented regarding such decisions.



# Alabama Orthopaedists who Have Contributed to ALAPAC in 2022

as of June 12, 2022

Howard C. Alexander, Jr., M.D.  
David W. Alford, M.D.  
Robert Carl Baird, III, M.D.  
Steve Allen Barrington, M.D.  
Vincent Finval Bergquist, Jr., M.D.  
Michael F. Blum, M.D.  
Fleming G. Brooks, M.D.  
Steven Lance Buckley, M.D.  
Theodis Buggs, Jr., M.D.  
Matthew Daniel Clayton, M.D.  
Neal Garver Clement, M.D.  
Joseph F. Curtis, Jr., M.D.  
Jeffrey Ross Cusmariu, M.D.  
Justin Lloyd Daigre, M.D.  
James Grady Davis, M.D.  
Jeffrey Carl Davis, M.D.  
Michael Edward Davis, M.D.  
Paul Allen Davis, M.D.  
John P. K. Featheringill, M.D.  
Brett Matthew Franklin, M.D.  
Michael Eugene Freeman, M.D.  
Curt Leslie Freudenberger, M.D.  
Beatriz E. Garcia Cardona, M.D.  
Mary Elizabeth Gilmer, M.D.  
Michael L. Granberry, M.D.  
Patrick Daniel Guin, M.D.  
Gregory Brinker Gullung, M.D.  
Justin David Hallock, M.D.  
Masoud Hamidian, M.D.  
Adam Jay Handwerger, M.D.  
Gordon Townsend Hardy, M.D.  
Christopher Andrew Heck, M.D.  
Roland A. Hester, IV, M.D.

Gilbert Richard Holland, M.D.  
Timothy Albert Holt, M.D.  
Perry Oliver Hooper, D.O.  
Jeffrey Spalding Hovater, D.O.  
Robert E. Howell, III, M.D.  
Russell Hudgens, M.D.  
Joseph Matthew Ingram, M.D.  
Eric Wilfred Janssen, M.D.  
Jonathan Kelsie Jennings, M.D.  
Martin P. Jones, Jr., M.D.  
John Shirk Kirchner, M.D.  
William Dorsey Krauss, D.O.  
Clayton G. Lane, M.D.  
Troy Alan Layton, M.D.  
Patrick Wayne Lett, M.D.  
Jonathan Adam Ludwig, M.D.  
Tyler James Marshall, M.D.  
Daniel Eugene Matthews, M.D.  
N. Tucker Mattox, Jr., M.D.  
Matthew Russell McDonald, M.D.  
Robert Ball McGinley, M.D.  
Richard Matthew McKean, M.D.  
William McKibbin, M.D.  
Samuel Lamar Miller, M.D.  
Jack Walker Moore, M.D.  
Andrew Charles Morris, M.D.  
Scott G. Morris, M.D.  
Rebecca Anne Moul, D.O.  
Connor Andrew Ojard, M.D.  
Scott Patrick Orr, M.D.  
Matthew Thomas Owen, M.D.  
Christopher T. Parks, M.D.  
Patrick Reid Peavy, M.D.

Thomas Edward Powell, M.D.  
Jason Thomas Randall, M.D.  
Clinton Michael Ray, M.D.  
Javier Alberto Reto, M.D.  
John Randall Riehl, M.D.  
Steven Pearce Roberts, M.D.  
Mark Edward Rogers, M.D.  
Randall Joseph Ruark, M.D.  
Jefferson Bradley Sabatini, M.D.  
Stephen William Samelson, M.D.  
Perry Lauren Savage, Jr., M.D.  
Perry Lauren Savage, Sr., M.D.  
Thomas Rutherford Sellers, M.D.  
Richard Scott Sharp, M.D.  
Grantham McAleer Shell, M.D.  
Jeffrey Todd Smith, M.D.  
Michael Devon Smith, M.D.  
Robert Stacy Tapscott, M.D.  
Burt Fowler Taylor, M.D.  
Duane Michael Tippetts, D.O.  
Duane D. Tippetts, M.D.  
Hussein Wafik Turki, M.D.  
Kenneth Luckie Vandervoort, M.D.  
George Dexter Walcott, Jr., M.D.  
John H. Walker, M.D.  
Suanne White-Spunner, M.D.  
Michael Roger Wiedmer, M.D.  
James Vann Worthen, M.D.  
Jonathan C. Yu, M.D.  
Joseph Grant Zarzour, M.D.



# Chestley L. Yelton Resident Essay Competition



## **First Place:**

**Kevin Wall, M.D.**

*"Liposomal Bupivacaine Yields Fewer Complications and Similar Pain Relief Compared to Interscalene Catheter for Arthroscopic Shoulder Surgery: A Randomized Controlled Trial"*



## **Second Place:**

**Andrew McGee, M.D.**

*"Preoperative Blood Loss of Isolated Acetabular Fractures"*



## **Third Place:**

**Jun Kit He, M.D.**

*"Ultrasound Assessment After a Subscapularis-Sparing Approach to Total Shoulder Arthroplasty"*

The Chestley L. Yelton Resident Essay Competition Award is presented at the AOS/MOS Annual Meeting. This year's First Place award went to Dr. Kevin Wall - UAB Division of Orthopaedic Surgery.

Second Place award went to Dr. Andrew McGee, M.D. - UAB Division of Orthopaedic Surgery, and

Third Place was awarded to Jun Kit He, M.D. - UAB Division of Orthopaedic Surgery

It was a difficult decision for our judges, and we thank the members of the Yelton Competition Committee, Drs. Chris Parks, Andrew Morris and Brad Wills for poring over 40 abstracts and paper submissions this year.

Additionally, medical students had the opportunity to display posters from their research. We thank Dr. Shah for his commitment and cooperation in allowing the medical students and research fellows to attend the meeting and field questions regarding their research.





# ControlAltProtect

Worldwide Forensic Cyber Protection

## Secure Your Practice

Hans Lemons, CTO



[ControlAltProtect.com](https://ControlAltProtect.com) • 1-877-CYBER911

I'm the Chief Technology Officer for ControlAltProtect, a cyber-security firm that protects hospitals, medical practices, financial institutions, and critical infrastructure from hackers and provides the guidance organizations need to become safer and more secure. When hackers knock on the door, we are there to greet them. I grew up in a medical family, and I spent my formative years around clinicians, engineers, and medical conferences. When I say that my passion for protecting practices from cybercrime comes from the heart, I mean it.

A high standard of medical care is generally understood to involve excellent workmanship, continuous improvement, objectivity, and the pursuit of safety - all with the end goal of providing the best possible outcome for patients. Good information security practices are one of the most important parts of this standard. Yes, HIPAA, state and insurance information security compliance requirements can be onerous, but they are vital to the well-being of patients and the success of a medical practice. How do you handle your IT Security? You probably rely on your "IT guy" or contracted IT partner (a.k.a. MSP or Managed Service Provider) to take care of these concerns. This may present an enormous amount of risk and may pose a serious threat to the high standard of care that you are accustomed to providing.

In the last three years, 90% of U.S. Healthcare practices suffered cyber security breaches. In today's environment, geopolitical tensions are high, and hackers and cyber criminals are actively exploiting the medical community. Healthcare is the number one target world-wide for cyber criminals because of their vast stores of ePHI (Electronic Health Protected Information). You, your patients, your employees, and practice are high-priority targets. Threats are coming fast in the form of Ransomware, email phishing, financial theft, business email compromise, and occasionally by internal threats (current or former employees). Decades of Intellectual Property theft and electronic infiltration by foreign adversaries have left this country in an extremely tenuous state. The United States has been in the crosshairs for a long time, and we've been losing the war on cybercrime. The vast majority of Americans and their businesses are vulnerable, and the security gap must somehow be bridged. Does this alarm you? It should.

Most Healthcare practices are dependent on their IT company to keep the performance of computers, networks, software, and information exchange consistent. Unfortunately, these resources serve in a generalist capacity and do not have the

requisite experience and training necessary to plan for, identify, and contain security threats. Security is not their expertise. Your practice needs trained security personnel. The well-being of your practice may depend on it. Would you go to a Podiatrist for a cardiac issue? They might know the basics, but they aren't experts in that area and can't really help you.

What should you do to secure your practice? Hire an outside IT Security firm to harden your environment by securing your accounts, software, networks, and computers. Monitor your electronic perimeter for security threats and stay on top of them. Perform due diligence on all third-party vendors that handle your information or have access to your secured networks. Establish good onboarding and offboarding procedures, patch your equipment, and make cyber-security a priority item in your yearly budget. These solutions are easier and more affordable than you might think. Don't rely on your IT guy to do that for you. Take active steps to secure your practice before you become a statistic.

# UAB Department of Orthopaedic Surgery

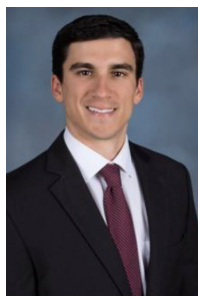
Henry DeBell, M.D., AOS Resident Member at Large



Dr. Henry DeBell



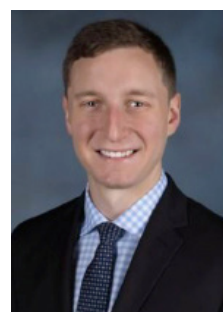
Dr. Nicholas Andrews



Dr. Henry Bonner



Dr. Farzam Farahani



Dr. Jared Halstrom



Dr. Ellie Starnes

We are excited to welcome a new intern class:

**Nicholas Andrews** - University of Central Florida College of Medicine

**Henry Bonner** - University of Alabama School of Medicine

**Farzam Farahani** - The University of Texas Southwestern Medical School

**Jared Halstrom** - University of Alabama School of Medicine

**David Patch** - St. George's University School of Medicine

**Ellie Starnes** - Louisiana State University School of Medicine

UAB residents and attendings have helped cover the USFL this spring, providing sideline coverage for the games and excellent clinical care throughout the season. We also look forward to the start of the World Games in July and the clinical and volunteer opportunities that this may provide.

The UAB Department of Orthopaedic Surgery remains committed to patient care, resident and fellow education, and research advancements. We look forward to another successful year at UAB!

UAB's PGY 4s have had a successful fellowship match!

**Brent Cone** - Orthopedic Centers of Colorado - Arthroplasty

**Yvonne Conway** - University of California Davis/Reno Orthopedic Clinic - Foot & Ankle

**Matt Hess** - University of Chicago/Rush/Northwestern - Oncology

**Megan Lameka** - Emory University - Foot & Ankle

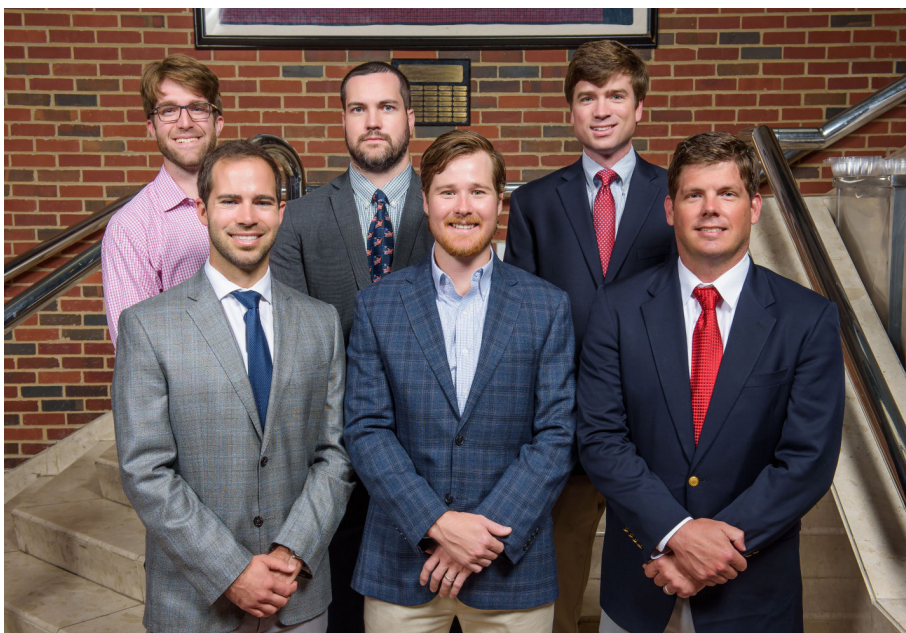
**Ryan McLynn** - University of California San Diego - Spine

**Walt Smith** - Texas Orthopedic Hospital - Shoulder & Elbow



Dr. David Patch

## UAB Department of Orthopaedics 2022 Graduating Class





# University of South Alabama Update

David Michaeli, M.D., USA Resident Member at Large



Dr. David Michaeli



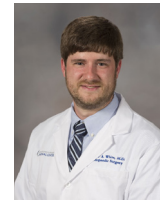
Dr. Thomas Allen Boyd



Christian Blake Dunaway



Dr. Justin Cardell Grimes



Dr. Parker White



Dr. Matthew Webb

USA Orthopaedics is excited to welcome our new PGY-1 Class! We've been fortunate to have had the opportunity to work with these young men in several settings, and we are looking forward to incorporating them into our growing residency program. Their next five years will be challenging, but we are confident that they have the necessary diligence and commitment to become successful budding orthopaedic surgeons.

## **Thomas Allen Boyd, M.D.**

Dr. Boyd is a graduate of the University of South Alabama with a degree in biomedical sciences. He received his Doctor of Medicine from the University of South Alabama College of Medicine. He enjoys traveling with his wife Marina, working on his house, and watching sports in his free time.

## **Christian Blake Dunaway, M.D.**

Dr. Dunaway is a graduate of the University of Alabama with a degree in biology. He received his Doctor of Medicine from the University of South Alabama College of Medicine. He and his wife, Lindsay, have one son. He enjoys spending time with his family, eating seafood, hunting, fishing, and spending time outdoors.

## **Justin Cardell Grimes, M.D.**

Dr. Grimes is a graduate of Middle Tennessee State University with a degree in biology. He received his Doctor of Medicine from East Tennessee State Quillen College of Medicine. In his free time, he likes to try new restaurants, go to the beach with his wife, read about astronomy, and watch boxing.

Next, we would like to congratulate our rising PGY-5 class, as its members have all successfully matched into their desired specialties! They have worked rigorously for the last four years in preparation for this moment. We are certainly proud of them, and we are looking forward to hearing about their future success.

## **Kyle Gordon Cox, M.D.**

Dr. Cox will be attending a Sports Medicine fellowship at the American Sports Medicine Institute (ASMI). He, his wife, and his children will be making the short trek to Birmingham to enroll in one of the most competitive Sports Fellowships in the nation. He and his waterproof rain boots are ready to accept the challenge of arthroscopy.

## **Sean Michael Farrell, M.D.**

Dr. Farrell will also join his comrade, Dr. Cox, in Birmingham. Dr. Farrell, his wife, and his children are excited to travel a few hours north, where Dr. Farrell will complete a Hand and Upper Extremity Fellowship at the University of Alabama at Birmingham (UAB). His Loupes are packed up and ready to go!

## **Richard DeLamar Williams, M.D.**

Dr. Williams and his wife will travel across the country to Scottsdale, where he will complete an Orthopaedic Trauma Fellowship with the Sonoran Orthopaedic Trauma Surgeons. Although Dr. Williams and his wife are excited about their new chapter in Arizona, their dog - a husky - may require some time to adjust.

We are also looking forward to welcoming our new faculty, **Dr. Parker White and Dr. Matthew Webb.**

Dr. Webb will join us in building a robust Arthroplasty program. He received his Master of Health Sciences from Yale School of Medicine, Doctor of Medicine from Yale School of Medicine, and completed residency at Hospital of the University of Pennsylvania. He is currently finishing his fellowship in Adult Reconstruction at Stanford University School of Medicine prior to joining our faculty in the fall.

Dr. White will expand our energetic Orthopaedic Trauma program. He received his BS in Biomedical Engineering from Mississippi State University, Doctor of Medicine from University of Mississippi School of Medicine, and completed residency at the University of Mississippi School of Medicine. He is currently finishing his Trauma Fellowship at Orthopaedics Indianapolis, Inc.

Lastly, summer is here: a fun and fruitful time of year in our program. We'll present research in the annual McBryde Research Symposium on the Friday preceding our senior graduation. We are thrilled to announce the return of our Annual Dr. Frederick N. Meyer Resident's Golf Tournament, held on the day after graduation: June 25. This event is vital to our residency program fundraising and allows us the ability to tackle financial obstacles.

Alabama and Mississippi Orthopaedic Societies

# 2023 Regional Meeting

MAY 18-20, 2023



EXHIBITOR INFO  
[www.aosdocs.com](http://www.aosdocs.com)

The Henderson Beach Resort & Spa  
Destin, FL



# Partnership Opportunities

Optimize your exhibiting experience.



*The following options may be added to exhibit levels to optimize your company's presence at the AOS/MOS Annual Meeting.*

#### Room Key

1 available .....\$2,000

Logo & company info on all attendees' room key.

#### Name Badge

1 available .....\$1,500

Company name on name badge. Partnership recognition on AOS/MOS websites, signage

#### Welcome Bags

Company name on welcome bags that are given out to all attendees giving you maximum exposure. Partnership recognition on AOS/MOS websites, signage

.....\$1,500

#### Flyer/Advertisement in Welcome Bag

Must mail 140 copies of flyer.

## Why Exhibit?

1. Access to Orthopaedic Surgeons, Residents, Fellows, Nurse Practitioners and Physicians Assistants from Alabama and Mississippi in all Practice Settings.
2. Invitation to Welcome Reception and President's Dinner. Attendance provides a wonderful opportunity for networking.
3. Pre-Meeting Attendee List – confirmed exhibitors will receive an attendee list as it becomes available prior to the meeting.
4. Post Meeting Attendee List - confirmed exhibitors will receive a final attendee list, including mailing address after the meeting.
5. Print and electronic recognition of your company and level of support will be printed in meeting materials and posted to websites.
6. Breakfasts and refreshments during breaks are offered in the exhibit hall to provide optimal networking opportunities.
7. Attendees will be provided with your company name, contact description of services and website address

2023 ANNUAL MEETING  
May 18-20, 2023  
Henderson Beach Resort, Destin, FL



## INDEX OF ADVERTISERS

|                               |                    |
|-------------------------------|--------------------|
| Capitol Imaging Services..... | 39                 |
| EMG Solutions.....            | Inside Front Cover |
| First South Farm Credit.....  | 6                  |
| ProAssurance .....            | 6                  |
| Warren Averett .....          | Back Cover         |

Thank you to our Advertisers who made this publication possible



# Mark Your Calendars

## AOS IMPORTANT DATES

**September 11-14, 2022**

Combined:

**AAOS National Orthopaedic Leadership Conference (NOLC)  
and the Fall Meeting**

JW Marriott, Washington, DC

**March 7-11, 2023**

**AAOS Annual Meeting**

Venetian Convention & Expo Center

Las Vegas, NV

**March 7, 2023**

Alabama Legislative Session Begins

**May 18, 2023**

7:00 a.m.

**Southeast Orthopaedic Foot Club**

The Henderson Beach Resort, Destin, FL

1:00 p.m.

**Gulf Coast Hand Society**

The Henderson Beach Resort, Destin, FL

**May 18-20, 2023**

**AOS/MOS Annual Meeting**

The Henderson Beach Resort, Destin, FL

# COVID-19's Impact on Peri-operative Services

As published in the November 2021 ProAssurance agent magazine. Copyright © 2021 ProAssurance.

COVID-19 had a significant impact on the state of surgery at hospitals across the country in 2020, but a new wave of challenges is growing as we reach the end of 2021. By the late spring of 2021, as COVID-19 cases decreased, Caresyntax clients were well-positioned to quickly re-establish—in fact, exceed—pre-pandemic surgical case volumes, but the late summer and fall has seen new challenges, primarily around shuttering operating rooms and finding adequate staffing that greatly affect the state of surgery.

A report from McKinsey & Company found that the average hospital in the U.S. saw a 35 percent reduction in surgical volume from March to July 2020, peaking at 59 percent below 2019 volume in April. At the end of 2020, there was over \$200 billion lost—a toll that continued to grow into early 2021 as the virus rampaged communities across the U.S. Elected surgeries were deferred and as conditions improved, surgical services were strained to recover these volumes.

Our research report, “The State of Surgery: An Analysis of Surgical Trends During the COVID-19 Pandemic,” reveals that Caresyntax digital platform customers completed significantly more cases than the national average throughout these challenges. Hospitals that used CX-INSIGHT to guide decision making in 2020 completed 16 percent more surgeries than those that didn't. Our customers were operating at around 10 percent less volume than 2019 and recovering surgical backlogs faster by the end of 2020, even as COVID-19 cases were skyrocketing.

At the October OR Manager Conference in Chicago, Caresyntax was hearing from a vast number of non-client hospitals that they were shuttering operating rooms and struggling to create a schedule of rotation for the others. The factors were common: a continued decline in patients seeking surgery, along with a significant staffing issue. Surgeons who had operated with the same team for years were now never seeing the same team in the OR. There is an extreme shortage of nurses, now further limited by the infection, quarantining, and hospital workervaccination mandates resulting in double figure layoffs and resignations. Several hospitals reported they are competing for very scarce resources for agency staffing and wages are skyrocketing. Many are finding themselves utilizing surgical staff who average one year of experience.

## Caresyntax customers continue to fare much better as they:

1. Leveraged real-time analytics to more granularly understand their market climate week over week.
2. Pivoted sites of care and scheduling approaches and used our custom-tailored restart playbooks to optimize OR concurrent utilization and block time scheduling to restore surgical backlogs and make more efficient use of limited staff.
3. Continued to increase case capacity by improving on-time starts and reducing turnover time.
4. Improved universally, surgical team dynamics, communication, and training.

What COVID-19 has made more apparent is that the operating room has been left behind from all the digital transformations of our healthcare system and care pathways. Caresyntax's Digital Platform accelerates value-based surgical care via our integrated software solution providing increased efficiency, proficiency, and safety leading to better risk, clinical, and financial outcomes.

## Caresyntax has designed its Digital Platform to catch up with this digital gap by opening a new era of progress in surgery:

- Enabling new data to be collected from the OR and support surgeons in their pre-, peri-, and post-operative steps.
- Improving operative efficiency and surgical outcomes, and significantly reducing the surgical variability.
- Making risks of medical errors more predictable and shrinking them.
- Reducing the insurance cost through this positive cycle, and developing new business models with insurers through a risk management approach.
- Reducing the costs of the OR and surgeries.
- Changing the way training of surgeons and surgical teams will be done.

Caresyntax is transforming the way ORs and teams are managed, nurses/surgeons are trained, and creating new business opportunities and risk partnerships for all the stakeholders around the OR.

Learn more about ProAssurance's relationship with Caresyntax at <https://bit.ly/3rmxJYN>.

“...the average hospital in the U.S. saw a 35 percent reduction in surgical volume just from March to July 2020, peaking at 59 percent below 2019 volume in April. At the end of 2020 there was over \$200 billion lost...”





# WE SEE WHAT MATTERS

**Delivering the quality Alabama orthopedic surgeons demand  
and the efficiency that patients deserve**

From 3T ultra-high MRI to CT and x-ray, the Capitol Imaging Services Alabama Network offers more appointment and table times. This means your patients are contacted and scheduled promptly.

This provides timely high-quality imaging of the:

- Ankle
- Elbow
- Foot/Toe
- Hand/Finger
- Hip
- Knee
- Lower Extremity
- Shoulder
- Spine
- Upper Extremity
- Wrist



**Providing a major financial benefit  
to patients with unfulfilled deductibles**

Our network provides advanced imaging at a much lower cost to patients. Combining imaging quality and more affordability is what makes Capitol Imaging Services the provider of choice for hundreds of subspecialists and primary care providers throughout the state.

And for thousands of medical and healthcare providers throughout the Southeastern U.S.



CAPITOL IMAGING SERVICES

**Heritage Diagnostic Center**  
1705 Main Ave SW  
Cullman AL 35055

{P} 256.734.8175 • {F} 256.734.6296  
3T MRI • CT

**Southern Imaging Specialists**  
465 Saint Lukes Dr  
Montgomery AL 36117

{P} 334.279.8370 • {F} 334.279.8572  
1.5T MRI • Arthrogram

**Vestavia Hills Imaging Center**  
2017 Canyon Rd #25  
Vestavia Hills AL 35215

{P} 205.824.8262 • {F} 205.824.8264  
1.5T MRI • CT • Arthrogram • X-Ray

[www.capitolimagingervices.com](http://www.capitolimagingervices.com)

# FORWARD-THINKING ADVISORY SERVICES FOR YOUR PRACTICE

Our team of advisors understands the rapidly-changing healthcare environment you are operating in, and we take a practical approach in helping you meet the challenges of today. We go beyond the typical audit, accounting and tax return functions to find unique ways to improve your overall operational efficiencies. By listening to your practice needs, we connect you with our experts to help accomplish what's important to you.

 **Warren  
Averett**  
CPAs AND ADVISORS

