

Alabama Orthopaedic Society

Summer 2021

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AOS EXECUTIVE DIRECTOR

Terri Mendez 334-657-6575 terri@aosdocs.com

To view all photos from AOS/MOS 2021 Annual Meeting go to: AOSDocs.com/Meetings



AOS President's Message Michael Johnson, M.D.

TITLE XXXXX

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Michael D. Johnson, M. D.
President
Alabama Orthopaedic Society

AOS President-Elect's Message Grant Zarzour, M.D.

AOS 70th Anniversary UAB & USA Residency Reunions



AFTER A GREAT MEETING in Destin this past May it is already time to look forward to next year's meeting in 2022. The 70th anniversary Alabama Orthopaedic Society meeting will be held at a familiar spot at the Grand Hotel in Point Clear May 19-21.

In addition to the great program and networking with some of the best orthopedic surgeons in the region (we again will welcome our colleagues from Mississippi for our joint annual meetings), we are very excited to add a residency reunion for both the University of South Alabama and the University of Alabama Birmingham orthopaedic departments. One of the main goals of the Alabama Orthopaedic Society has been to solidify the relationship with the residency programs in our state and

this reunion certainly allows us to expand on that.

We look forward to welcoming former residents and their families- who now work all over the country- back to a very comfortable setting. Many of the the former residents have presented at our meeting in the past and enjoyed all that the meeting has to offer- whether it be the great curriculum, the amenities of the Grand Hotel, some great golf and fishing opportunities, and learning about the latest advancements in the orthopaedic space. Our goal with the reunions is to improve collegiality, further express the benefits of membership at the Alabama Orthopaedic Society, and most importantly- continue to strengthen the residency departments in the state of Alabama.

If you would like to help spread the word to some of your contemporaries who trained in our state, please let us know. This meeting is likely to set a high water mark for attendance, so our goal is for everyone to have advance notice to plan ahead and claim your reservation.

So whether you attend every year or or have not been back since your residency, the 70th anniversary Alabama Orthopaedic Society meeting at the Grand Hotel in May 2022 is a cannot miss event.

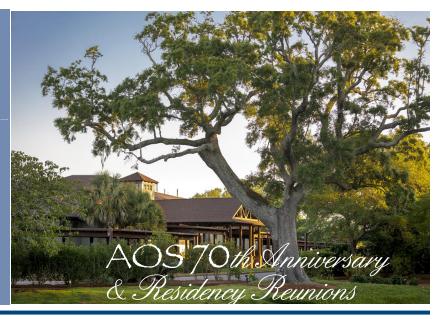
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Grånt Zarzour, M.D. President-Elect Alabama Orthopaedic Society

REUNITE WITH US

May 19-21, 2022 The Grand Hotel Resort Point Clear, AL

Residency Reunions
Educational Sessions
Exhibit Hall
Networking Opportunities
Cocktail Reception
Golf Tournament
Bay Fishing
Presidential -ReunionDinner



AAOS Board of Councilors Report Fleming Brooks, M.D.

ADVOCATING FOR YOU



The Board of Counselors (BOC) represents the grass roots of the orthopedic profession. Its roughly 100+ members serve as an advisory body to the AAOS board of directors in addition to managing the AAOS relations with state and regional orthopedic societies. The BOC members are elected by the state and regional orthopedic societies. Doctors Trey Baird and Fleming Brooks serve as Alabama's representatives on the BOC.

During the COVID-19 pandemic as with many organizations the BOC has modified it is operations. General and committee meetings have been held electronically and not in person. BOC meetings and business are typically conducted at AAOS gatherings such as the annual meeting, National Orthopaedic Leadership Conference and the annual fall meeting which have been suspended over the preceding 18 months. Despite these difficulties the BOC has continued to function in its various roles. Most recently during the Orthopedic Advocacy

Week members of the BOC held over 200 meetings with legislators electronically and authored over 500 letters to policy makers. The academy and the BOC focused on 3 major areas of advocacy this spring. A major focus was our continuing efforts to roll back burdensome prior authorization requirements for testing and patient care in Medicare Advantage programs. In addition, advocacy efforts were utilized to push for more flexible and continued telemedicine services. Lastly, but perhaps most importantly physician mental health issues were addressed to help reduce and prevent the stress related health issues for healthcare professionals from worsening in the emerging post pandemic medical environment. As part of the event the orthopedic PAC posted a "day of giving" that raised over 260,000 dollars from 986 individual contributors.

Moving forward the BOC will have its annual meeting at the AAOS

annual meeting in San Diego, California on September 3rd. Just over a month later there are plans at this point to have the National Orthopaedic Leadership Conference in Washington D.C. concomitantly with the AAOS fall meeting. Many of these plans are dependent upon pandemic and security protocols that will potentially be in place this fall in our nation's capital. As your representatives we look forward to resumption of in person meetings to better advocate for the issues facing our profession both nationally and here in Alabama.

Fleming Griffin Brooks, M.D., FAAOS AAOS Board of Councilors

Bach

Get Involved in Advocacy

Exciting things are happening in Washington, D.C., and the nation for orthopaedists in every community. Many of these initiatives are the direct result of orthopaedists getting involved and making their voices heard. There is no better time than now to become involved in shaping the political landscape for the betterment of our patients. We invite you to join us in this effort.

With the many changes in the landscape of medicine, and specifically in orthopaedics, it is important to have a strong voice legislatively. 67% of licensed Orthopaedic physicians in Alabama are members of AOS, meaning our members are shouldering the burden of protecting our specialty. The Board of Directors has made a commitment to reach out and invite non-members to join AOS. We all know there is strength in numbers, so please help us create a stronger voice by inviting your colleagues to be a part of this Association.

AAOS OrthoPAC Members

When the Orthopaedic PAC makes a contribution, it sends a strong, collective and clear message from orthopaedic surgeons to the beneficiary. As the PAC grows, that message resonates louder. Orthopaedic surgeons around the country have joined the PAC to advance the collective voice of the orthopaedic community on Capitol Hill!

Robert C Baird III, MD, FAAOS* Thomas M Barbour III, MD, FAAOS* Fleming Griffin Brooks MD,FAAOS* Matthew L Busbee MD, FAAOS* E Lyle Cain Jr, MD, FAAOS* Michael W Cantrell MD, FAAOS* Mary Foley Carnduff MD, MBA, FAAOS Joseph W Clark MD, FAAOS* J Michael Cockrell III, MD, FAAOS* Jeffrey Conrad MD, FAAOS* Stephen B Cope MD, FAAOS* Joseph F Curtis Jr, MD, FAAOS* Jeffrey R Cusmariu MD, FAAOS Jeffrey C Davis MD, FAAOS Todd David Engerson MD, FAAOS* Michael A Eslava MD, FAAOS Timothy Lee Frerichs MD, FAAOS* Elie S Ghanem MD, FAAOS*

Michael Lee Granberry MD, FAAOS* Albert F Haas MD, FAAOS* Adam Jay Handwerger MD, FAAOS* Christopher Heck MD, FAAOS* Clinton Wilbur Howard IV, MD, FAAOS* Jacob F Kidder MD, FAAOS* John Thomas Killian MD, FAAOS Philip A Maddox MD, FAAOS* Tyler Marshall MD, FAAOS Lowell D Mason MD, FAAOS* Robert Ball McGinley MD, FAAOS* Joseph F McGowin III, MD,FAAOS* Richard Matthew McKean MD* Ryan McLynn MD Rosemarie M Morwessel MD, **FAAOS** Larry Parker MD, FAAOS*

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Keith Spain MD*
Todd K Volkman MD, FAAOS*
Milton A Wallace MD, FAAOS*
James L West III, MD, FAAOS*
Charles H Wilson IV, MD, FAAOS*
Joseph Grant Zarzour MD

To Contribute to OrthoPAC text AAOS to 41-444 or donate online at www.aaos.org/advocacy/pac

^{*}Capitol Club



AOS Executive Director's Message Terri Mendez

REFLECTING AND Looking AHEAD

WHAT A DIFFERENCE a year makes! Last year was a challenging year for everyone. In the midst of those challenges, I took the opportunity to reflect upon the association, our members, our suppliers, our finances and our future.

I would like to share a few thoughts:

First, although last year was a difficult year for patients, orthopaedic surgeons, hospitals and our vendors, I think it's important for you to know that our association has remained strong. Our financial position is solid, and hopefully, will be in a position to serve you for years to come. For this, I am thankful to the continued dedication and commitment of our association members and annual meeting sponsors and exhibitors.

And although we are in a good financial position, there are also opportunities ahead for us.

Recruiting New Members

Membership is the lifeblood of the association. Thankfully, in recent years, participation in AOS has increased. But, as we all know, as our more "seasoned" members begin to retire, new members are needed to step in and fill their shoes. Won't you reach out and invite your colleagues to be a part of this great association?

Advocacy

This year orthopaedic surgeons across the state have benefited from the legislative efforts of a

few. These members participated in virtual conference calls with legislators, offered testimony, reached out to legislators, and made themselves available by phone day and night as questions arose. Many thanks to Drs. David Alford, Fleming Brooks, Beatriz Garcia-Cardona, Michael Johnson, Matt McKean, Brad Sabatini, Grant Shell and Norman Waldrop. While we are very thankful that these physicians were willing to stand up for the health and safety of orthopaedic patients in Alabama, orthopaedic surgeons who are not members of AOS continue to reap the benefits of the associations' governmental affairs efforts. Let's make an effort to invite non-members to be a part of this outstanding organization. Oftentimes, all it takes is someone asking.

Participation in the Association's Annual Meeting

Of course, our Annual Meeting is intended to provide continuing education. It has been our honor in recent years to host several distinguished guest speakers including Drs. Robert Anderson, Frederick Azar, Lowery Barnes, Stephen Conti, Fred Corley, Jesse DeLee,Thomas Fehring, Danny Guy, Thomas Lee, Andrew Murphy, John Sperling, John Tokish, and John Xerogeanes. We have received high praises for the clinical content of our meetings.

But our meeting is not only about CME. With the availability of online resources, you can readily find continuing educational content on

the web. However, the internet does not provide the interpersonal communication and relationships found at the AOS Annual Meeting. Our meeting is a time of reunion, reestablishing relationships, of meeting peers, and learning about new opportunities.

Next year we plan to host UAB and USA Residency reunions. Please mark your calendars for May 19-21 and make a commitment to attend the 2021 Annual Meeting at The Grand Hotel. You will be glad you did.

Supporting Those Businesses that Support the Association

The generous support of our sponsors allows us to offer CME and foster relationships at our social events including the opening reception, breakfast in the exhibit hall and the Presidential Reception and Dinner. Please give our sponsors an opportunity to pitch their product when they come calling.

AOS will be celebrating its 75th anniversary next year. The success we enjoy today is due to the hard work and commitment of past members. Let's carry on the tradition!

Jerri Mendez AOS Executive Director

Thank You! 2021 Sponsors & Exhibitors











































































2021 AOS-MOS Annual Meeting















THE 2021 ANNUAL MEETING was held at the Henderson Beach Resort in Destin, FL. After having canceled the 2020 meeting due to COVID-19 concerns, we were happy to have nearly 100 orthopaedic surgeons from Alabama, Florida and Mississippi..

It was so good to be back together as the meeting kicked off with a welcome reception and phsicians and their families had a chance to visit and reunite with friends and colleagues.

In addition to the gorgeous views and excellent food and service, The Henderson offered comfortable rooms, relaxing pools (including the very popular lazy river) and a beautiful beach area.

Friday and Saturday mornings the exhibit hall was abuzz with physicians and vendors engaging in conversation and enjoying a hearty American breakfast. Physicians and vendors had multiple opportunities to visit in the exhibit hall Friday and Saturday.

Scientific sessions convened Friday and Saturday with excellent presentations from our special guests: Dr. Thomas Fehring, Dr. John Xerogeanes, and Dr. Andrew Murphy. Congressman Gary Palmer, M.D. offered an update on happenings in the region as well as in Washington. The program also included resident presentations from UAB, USA and MSU.

All available space was filled with poster presentations from medical students and residents of Alabama & Mississippi medical schools.

After spending the afternoon on the beach, at the golf course, fishing in the bay or lounging in the lazy river, families gathered for the Presidential Reception and Dinner on the Grand Lawn. Children enjoyed the bounce house while the adults had a chance to visit while enjoying a delicious dinner and cocktails.

We are very thankful to our wonderful exhibitors and sponsors (listed on page 7) who, through their generous support and commitment, made the AOS/MOS Annual Meeting possible. Please be sure to thank them when you see them.



Please mark your calendars as we return to The Grand Hotel in Point Clear, May 19-22, 2022 Featuring AOS 70th Anniversay and UAB & USA Resident Reunions.

Chestley L. Yelton Resident Essay Competition



First Place:
Thompson McMurtrie, M.D
Risk of Acute Kidney Injury after
Antibiotic Prophylaxis with
Piperacillin and Tazobactam



Second Place:
Megan Lameka, M.D.
Systemic Complications of Obesity in
Operative Acetabular Fractures



Third Place: Scott Mabry, M.D. Short-Term Outcomes When Using a Nail-Plate Construct for Periprosthetic Distal Femur Fractures

The Chestley L. Yelton Resident Essay Competition Award is presented to the three highest ranking resident essays. This year all three winners were from UAB Division of Orthopaedic Surgery.

First place award went to Dr. Thompson McMurtrie

Second place award went to **Dr. Megan Lameka**, Third Place was awarded to Dr. **Scott Mabry** It was a difficult decision for our judges, and we thank the members of the Yelton Competition Committee, **Drs. Michael Smith, Andrew Morris** and **Chris Parks** for poring through 39 paper submissions this year. Nine Alabama Residents presented papers at the Annual Meeting.

Additionally, 14 medical students had the opportunity to display posters from their research. We thank Dr. Shah for his commitment and cooperation in allowing the medical students and research fellows to attend the meeting and field questions regarding their research.

2021 Southeast Orthopaedic Foot Club



The Foot Club was honored to have as its guest speaker, Dr. Drew Murphy from the Campbell Clinic in Tennessee.

Approximately 30 orthopaedic surgeons attended the half day session which preceded the AOS-MOS Annual Meeting earning 5 AMA PRA Category 1 Credit(s)™.

Poster Presentations at The Foot Club & AOS-MOS Annual Meeting



Dr. Drew Murphy 2021 SE Orthopaedic Foot Club Guest Speaker



DURING WHAT WILL likely be called the strangest legislative session ever, medicine - and orthopaedists in particular saw a major win on the liability protection front as well as several successes in stopping "scope creep" bills. Despite having severely limited access to the Alabama State House and lawmakers, the combined efforts of the Medical Association and Alabama Orthopaedic Society (AOS) paid off for orthopaedists and their patients during the 2021 Legislative Session.

First, medicine was deeply involved in legislation by Sen. Arthur Orr (R-Decatur) to provide businesses, physicians, their staff, and their practices protection from COVID-19 lawsuits. This legislation passed both the Alabama Senate and House early in the 2021 Session and was quickly signed into law by Gov. Kay Ivey. The new law provides not only "premises liability protection" but also significantly heightened liability protection to the aforementioned group/entities for all care whose provision to patients was affected or impacted by COVID-19 and/ or the state's response to the pandemic, including all care delayed, rescheduled, missed, avoided, unable to be performed (like lack of PPE for example) or some other way affected by the pandemic and the government's ongoing mitigation efforts against the coronavirus. We appreciate Sen. Orr's championing of this issue.

Second, the years-long effort to responsibly update state law

2021 Session Sees Wins for Orthopaedists

Niko Corley

Director of Government Relations and Public Affairs Medical Association of the State of Alabama

related to athletic trainers also came to fruition this year with the passage and enactment of a bill by Sen. Jabo Waggoner (R-Vestavia Hills). This new law maintains and ensures physician supervision of athletic trainers and establishes a joint committee of physicians and athletic trainers who will create model, site-specific protocols for care provision. This legislation was supported by both the Medical Association and AOS and demonstrates how well medicine works with non-physician groups whose chief goal is not merely "scope creep" and replacing education with legislation, but instead maintaining the physicianled health team and collaboratively finding ways to improve access to quality care.

Third, and dovetailing off the above, were the successes orthopaedists saw in stopping scope creep and the erosion of quality care provision. With a global pandemic raging, it would stand to reason proponents of scope creep would have taken a year off, right? Not so much. Despite COVID-19's status this past spring, during the recent 2021 Regular Session of the Alabama Legislature efforts were still made to pass legislation that would have:

- Abolished the current physician referral requirement and subsequently allowed physical therapists to render diagnoses; and,
- 2. Allowed podiatrists the ability to perform complicated ankle surgeries and total ankle replacements.

Neither of these bills were in patients' best interest and due to the Medical Association's and AOS's combined opposition, neither bill passed. With limited access to lawmakers, the increased engagement by orthopaedists - via personal meetings, Zoom meetings and phone calls with legislators played a key role in defeating these dangerous bills during this most strange legislative session. Unquestionably, the Medical Association and AOS are stronger together but the collective efforts of our organizations can only protect patients so long as we continue to increase physician outreach to legislators. Physicians are their patients' best and only defense. There just is no replacement for grassroots contacts from constituents, especially physicians, as few legislators are experts in healthcare matters and so they welcome feedback (to connect with your local legislators and begin to foster a relationship, email the author of this article). As we look to the start of the 2022 session, there is much work to do. We must build on the tremendous work our allied organizations have already put in the past few years and amplify the voices of physicians and patients concerned about the future of care delivery. Together, we can continue protecting patients and defending high standards for care in Alabama for years to come.

Niko Corley may be reached at ncorley@alamedical.org.

AOS works closesly with the Medical Association of the State of Alabama (MASA) on legislation affecting orthopaedics. AOS encourages membership in both organizations and also supports the efforts of the Alabama Medical PAC (ALAPAC), which works to elect people we can work with on issues affecting orthpaedics. Please consider the standard annual contribution of \$250.

ALAPAC Members as of June 2021

Howard C. Alexander, Jr., M.D. David W. Alford, M.D. James P. Bailey, M.D. Matthew Daniel Barber, M.D. Steve Allen Barrington, M.D. Vincent Finval Bergquist, Jr., M.D. Stephen Few Blackstock, M.D. Michael F. Blum, M.D. William J. Bose, M.D. Fleming G. Brooks, M.D. Steven Lance Buckley, M.D. Theodis Buggs, Jr., M.D. Michael W. Cantrell, M.D. Gregg Kevin Carr, M.D. Joseph William Clark, Sr., M.D. Matthew Daniel Clayton, M.D. Andrew Michael Cordover, M.D. Joseph F. Curtis, Jr., M.D. Jeffrey Ross Cusmariu, M.D. Justin Lloyd Daigre, M.D. James Grady Davis, M.D. Paul Allen Davis, M.D. Jeffrey Carl Davis, M.D. Michael Edward Davis, M.D. George J. Douthit, Jr., M.D.

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THE POWER OF MEMBERSHIP

Share the value of membership in AOS with your colleagues and friends.

You know first-hand the value you get from your AOS membership. Whether it's staying up to date on the latest advances in orthopaedics or adding your voice to advocacy efforts, the AOS has your back. You can help drive orthopaedics forward in Alabama by expanding our network to your colleagues and friends.

The Power of One.

Each member has the power to make a difference by making a commitment to reach out and make a connection with their peers.

The Power of YOU

You can have a direct impact by introducing a non-member to the benefits of membership in AOS.

INVITE A COLLEAGUE TO JOIN AOS



Please include your sub-specialty for search on AOS website.

2021 AOS DUES PAYMENT

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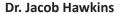
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UAB Department of Orthopedic Surgery

Jacob Hawkins, M.D., AOS Resident Member at Large







Dr. Shane Strom



Dr. Steven Theiss Department of Orthopaedic Surgery Chair



Dr. Michael Johnson Residency Program Chair

The UAB Department of Orthopaedic Surgery would like to welcome a great new group of interns that started in June: **Dr. Austin Atkins** from the University of South Alabama; **Dr. Addison Cimino** from UAB; **Dr. Travis Fortin** from the University of Mississisppi; **Dr. Katie Frith** from LSU Shreveport; **Dr. Rush Jones** from UAB.

While we welcome a new group of interns, we bid farewell to the outgoing PGY-5 class as they begin their fellowship training in August: **Dr. Adam Almaguer** (Adult Reconstruction),

Dr. Chris Beaumont (Hand), **Dr. Jon Isbell** (Sports),

Pitts (Foot and Ankle). We thank you for everything you have put into this program and wish you success in the future.

Congratulations to **Drs. Jake Hawkins** and **Shane Strom**, who were recently elected to serve as the Administrative Chief Residents for the Department of Orthopaedic Surgery for the 2021-2022 academic year.

Lastly, the current PGY-5 class all matched at outstanding programs across the country this past spring: **Dr. Ryan Cone**- Adult Reconstruction at Washington University, Jake Hawkins- Adult Reconstruction at the University of Florida,

Dr. Jimmy Hicks- Spine at Swedish Medical Center Seattle,

Dr. Shane Strom- Pediatrics at Texas Scottish Rite Hospital,

Dr. Wes Stroud- Sports at Andrews Sports Medicine Institute, and **Dr. Fric Wilkinson**- Sports at Houst.

Dr. Eric Wilkinson- Sports at Houston Methodist.



University of South Alabama Update

Nathaniel Sbravati, M.D., AOS Resident Member at Large







Dr. Ian Garrison



Dr. Tanner Cox



Dr. Victor Bowden

USA welcomes a new group of residents starting this summer. This group includes: Victor A. Bowden M.D., W. Tanner Cox M.D., and Ian A. Garrison M.D.

Our 2020-2021 academic year has come to an end, and the department of Orthopaedic Surgery at the University of South Alabama Health is very proud of our three graduating residents. This is a unique group of graduates. They are all from Alabama, two graduated high school together in Huntsville Alabama, and all three attended medical school at the University of South Alabama.

Dr. Wesley Honeycutt, from Huntsville, Alabama, is moving to Atlanta, GA to complete a trauma fellowship at Emory University. He will then go on to practice traumatology with the United States Airforce.

Dr. Mark Prevost, from Jasper, Alabama, is moving to Plano, TX to complete a spine fellowship at The Texas Back Institute. He then has plans to return to Jasper, Alabama to begin practice.

Dr. Zachary Moore, from Huntsville, Alabama, is moving to Birmingham, AL to complete a sports medicine fellowship at The American Sports Medicine Institute.



The Annual Fred Meyer Orthopaedic Residents' Golf Tournament was held on Saturday, June 19 and was attended by Orthopaedic Surgeons, representatives from sponsor companies, and USA Residents including graduates Drs. Mark Prevost, Wesley Honeycutt, and Zachary Moore.







Alabama Orthopaedic Society 1085 Chesson Hill Drive Fitzpatrick, AL 36029

AOS/MOS Annual Meeting May 19 - 21, 2022 Southeastern Orthopaedic Foot Club MAY 19, 2022

