

**ALABAMA ORTHOPAEDIC SOCIETY**  
Board of Directors' Meeting  
October 27, 2019, Montgomery, AL  
Board Minutes

The Alabama Orthopaedic Society held its 2019 Fall Board of Directors' Meeting on Sunday, October 27, 2019, at the Montgomery Country Club, Montgomery, Alabama.

Those in attendance were: Shawn Gilbert, M.D. (AOS President); Robert Baird, III, M.D. (AOS President-Elect and Councilor to AAOS); Jim Davis, M.D. (AOS Sec.-Treasurer); Brock Howell, M.D. (AOS Member-at-Large); Jonathan Jennings, M.D. (AOS Member-at-Large); Michael Johnson, M.D. (AOS UAB Member-at-Large); Zane Hyde, M.D. (UAB Resident Member-at-Large).

Also in attendance was AOS Executive Director, Terri Mendez. Attending via telephone were: Allan Maples, M.D. (AOS Member-at-Large) and Grant Zarzour, M.D. (AOS Member-at-Large).

A quorum being present, Dr. Gilbert called the meeting to order at 10:15 a.m.

The minutes of the BOD meeting of May 16, 2019, having previously been distributed and there being no corrections, deletions, or additions, and upon a motion and second, the May 16 Board of Directors minutes were approved unanimously.

Financial Report:

Dr. Davis gave the financial report, a copy of which was distributed to the board members.

AOS 2019 Annual Meeting exhibitors brought in \$80,400.00 and sponsorship brought in \$28,000 in revenue. 2019 AOS dues revenue was \$64,800. Annual Meeting Registration Fees were \$10,530.

The Board approved the Financial Report and Tax Return.

AOS has approximately \$ 235,000 (Market Value) in its Reserve accounts. AOS has approximately \$112,778.00 in its checking account and \$10,160.00 in its savings account.

As approved at the May 2019 Board of Directors Meeting, AOS has transitioned to a new Fiscal Year which will allow a more accurate report of our annual revenue and expenses. During the transition, we had an additional tax return for the months of July and August 2019, with the new fiscal year beginning Sept. 1, 2019.

Dr. Davis recommended that AOS make a financial contribution to UAB and USA Orthopaedic Departments. UAB and USA will discuss specific endeavors and bring suggestions for contributions to the Spring 2020 Board of Directors Meeting.

Membership

Mrs. Mendez reported that there are currently 291 members of AOS. There are approximately 400 licensed orthopaedic surgeons in the state of Alabama. Mrs. Mendez plans to visit orthopaedic practices to support participation in AOS. Visits next month include: Alabama Orthopaedic Specialists in Montgomery, The Orthopaedic Clinic in Opelika, and Andrews Sports Medicine in Birmingham.

Best Practices

The Board of Directors agreed upon the purchase a management liability policy for the association and its board members.

The Board of Directors approved a conflict of interest policy for the association and board members.

AOS 2020 Annual Meeting: April 30 – May 2, 2020

The AOS 2020 Annual Meeting is scheduled for April 30 – May 2 at The Grand Hotel, Point Clear, Alabama.

Dr. Shawn Gilbert, AOS President will serve as AOS's chair of the 2020 Annual Meeting.

Mississippi Orthopaedic Society (MOS) has agreed to a joint meeting with AOS. MOS President, Dr. Ben Stronach will serve as MOS's chair of the 2020 Annual Meeting.

Mrs. Mendez provided the members of the AOS Board of Directors with a copy of the Exhibitor Prospectus which has been sent to all previous exhibitors. Mrs. Mendez asked the board members to invite their suppliers to sponsor and/or exhibit at the 2020 Annual Meeting.

2020 AOS Yelton Essay Award Committee:

Dr. Lee Murphy has rolled off the Yelton Committee. Dr. Grant Zarzour will serve as chairman of the committee through 2020. Dr. Michael Smith will continue to serve two more years. The board of directors will search for one additional member of the committee.

There was discussion of creating a Yelton Society of those who have previously been recipients of the Yelton Essay Award. This will be a topic of discussion at the May Board of Directors Meeting.

Advanced Practitioners will be invited to participate in the Annual Meeting. A break-out session for nurse practitioners will allow them to receive additional CEU.

Drs. Zarzour and Johnson discussed medical school reunions during the Annual Meeting. They will report via email as plans develop.

AOS 2020 Speakers-Presenters-Exhibitors:

Dr. Peter Waters, Orthopaedic Surgeon in Chief at Boston Childrens Hospital and Professor at Harvard Medical School has committed to serve as Dr. Shawn Gilbert's Presidential Guest Speaker. Mrs. Mendez will request an AAOS Presidential Line Speaker. Dr. Baird will invite Dr. Manny Suthi, orthopaedic surgeon who is running for the U.S. Senate to give a political update.

Nationally renowned orthopaedic surgeon, Dr. Michael Suk will serve as MOS Presidential Guest Speaker.

The Foot Club Guest Speaker, Dr. Michael Penzur will present a session at the AOS/MOS Annual Meeting.

Mrs. Mendez will invite Dr. David Herrick to present the Prescribing Controlled Substance Session.

There was conversation regarding breakout sub-specialty sessions. It was decided that rather than break into small groups, we should have more of a variety of speakers to interest a larger audience.

There was also discussion of having an onsite lab during the meeting. Dr. Gilbert and Mrs. Mendez will look into this and communicate with the Board of Directors.

AAOS Councilor Report:

Dr. Baird has just returned from the AAOS Board of Councilors' Meeting. Beginning in 2021, AAOS Fall Meeting will be combined with the NOLC Meeting in Washington, DC. The 2020 Fall Meeting will be in Chicago.

Discussion at the most recent meeting included:

- Legislation to address the difficulty of obtaining prior authorization for advanced testing in Medicare patients.
- RUC review appears to leave total joint arthroplasty at current RVU. Should not result in a decrease in reimbursement for these procedures, although final word is pending.
- Possible move from 1-5 E&M codes to 1-3 in an effort to simplify coding.

Upcoming Meetings:

MASA's 2020 Governmental Affairs Meeting will be held in Washington, D.C. February 3-5, 2020.

MASA 2020 Annual Meeting April 17-18, 2020, Renaissance Montgomery Hotel and Spa  
*AOS will receive credentials for one AOS member to represent AOS at this meeting.*

AAOS 2020 NOLC Meeting will be held June 2-5 in Washington, D.C.

Legislative Update:

Mr. Niko Corley, MASA Director of Legislative Affairs, briefed the board of potential legislative issues in the upcoming Alabama Legislative Session, which will begin in Feb. 2020.

Among those of interest to orthopaedics:

- Workers Compensation Legislation
- Podiatry Bill – A bill to increase podiatry scope of practice is expected to come up again in 2020.
- Physical Therapy – Anticipate a bill that will allow direct access to physical therapists again in 2020.

Adjourn:

There being no further business before the Board. The meeting was adjourned at 11:58 a.m.

Submitted Oct. 30, 2019  
Teresa T. Mendez  
AOS Executive Director