



# Alabama Orthopaedic Society

## *News*

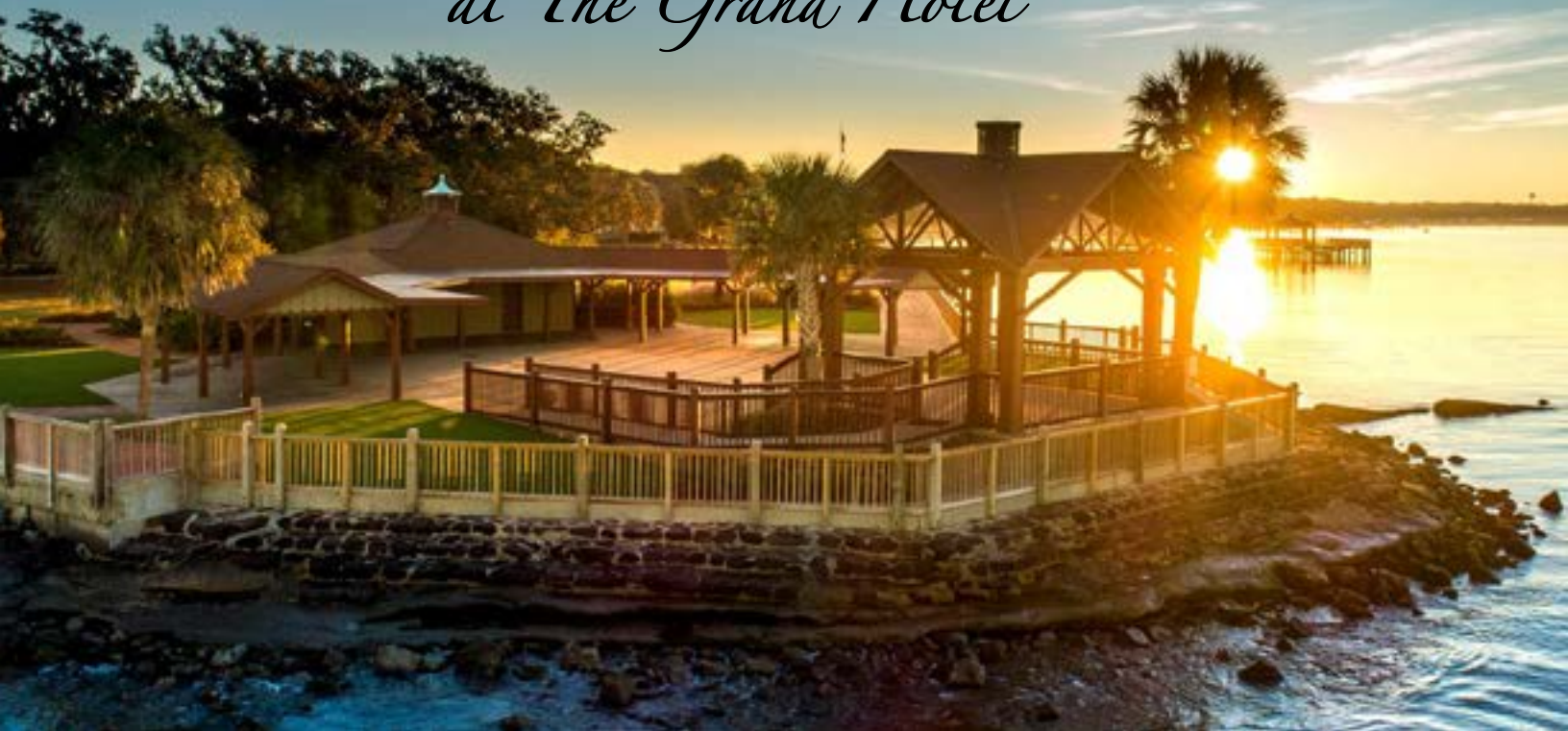
Winter 2020



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**CME. WHERE YOU WANT TO BE.**  
*at The Grand Hotel*



CME and Much More!

## The AOS/MOS Annual Meeting

**April 30 - May 2, 2020** Details pages 10-11



## AOS President's Message Shawn Gilbert, M.D.

### What's Your Contribution?

"Don't be a Robber Baron."  
- Stuart Todd, M.D.

I HAD HEARD THE TERM robber baron, but never really considered what it meant; nor could I comprehend why Dr. Stuart would say this to a young, impressionable medical student. At times, I resented having to do these away rotations in small communities away from the mecca medical center associated with my medical school. It seemed to me a thinly veiled attempt to make us all primary care doctors in rural areas that was destined to fail. Meanwhile, we were missing out on the real action back at the big house. Almost 30 years later, however, this object lesson from that community rotation remains with me, while the gee whiz technology and cutting edge medicines of that era have faded into obsolescence.

Dr. Stuart Todd was a general surgeon in Rocky Mount, NC, who volunteered to take on wet behind the ears medical students like myself for a month of our required surgery rotations. He was calm, confident and friendly and universally loved by his patients. His practice was very successful – he was busy, but never seemed rushed. On this particular

Thursday morning we wrapped up early after only had a handful of patients in the office. We then headed out the door.

"Where are we going?" I asked.

"Skip," he replied, "I believe you are going to get the chance follow your dream to be an orthopaedic surgeon. Surgery will be good to you and you will earn a good living. Don't be a robber baron."

After dramatic pause for effect, my persistent confused expression confirmed the need for him to explain this statement.

"Robber barons were tycoons of the industrial revolution. They derived enormous wealth from their workers and their communities, without giving anything back to benefit the communities in which they live and people that generated their wealth. We are going to the middle school to meet with and tutor Darius. Wherever you end up, see that you participate in your community. Do something to help make a difference. Your community is providing your financial security."

I thought about his words while I watched him help Darius with

his reading and math and ask about how he and his family were doing. I learned from Dr. Todd's colleagues and staff over the course of the month the many other ways he served the hospital, his church and the community. He walked it like he talked it. He was right. I got my chance and Orthopedics has been good to me. My community has provided me and my family financial security. I have tried to follow his example by making contributions to my hospital, my community and my profession.

The new year is often a time for reflection on the previous year's events and goals for the upcoming year. I would encourage you to take a moment to reflect on how your career in orthopedics has had a positive impact in your life. Despite the hassles with payers, despite the late night calls, despite the EMR, I love my job as an orthopedic surgeon and can't imagine wanting a different career.

If, like me, you are grateful, what can you do to give back? Are you contributing in your practice or hospital by teaching and mentoring or serving on committees? Can you serve your community and demonstrate your concern for others through contributions of

time and resources? Can you contribute to your profession by training others, advancing knowledge or advocacy?

The Alabama Orthopaedic Society is grateful for the orthopedists of this state and proud of the work orthopaedic surgeons do to keep our patients moving and alleviate suffering. The AOS can also be a vehicle for making a contribution to our community and profession. One way is by participating in advocacy. You can support our PAC and, to go a step further, take time to make a personal connection. When we make the effort to contact state and federal legislators directly through phone calls or face to face visits, it shows

a deep level of concern for issues impacting our patients and makes a much stronger statement than just sending a paid lobbyist. (Both are important!) If you are interested in engaging in this way, please contact Terri Mendez (terri@aosdocs.com / 334-657-6575) or Niko Corley (ncorley@alamedical.org / 334-251-2000)

AOS also provides an opportunity to contribute by being part of the organization. You can help by attending and participating in the annual meeting and encouraging your colleagues to do likewise. You could also consider serving on the AOS board – having a chance to represent our profession and provide educational opportunities.

Finally, AOS provides a forum for you to make a contribution to the annual meeting by providing content. If you have a research abstract, an idea for a talk, or would like to suggest speakers or topics, answer the call for papers!

Whatever 2019 was like for you, I hope 2020 is an opportunity to experience the rewards of being an orthopedist, and that gratitude for that will inspire you to make your own contributions.

Thanks Dr. Todd!

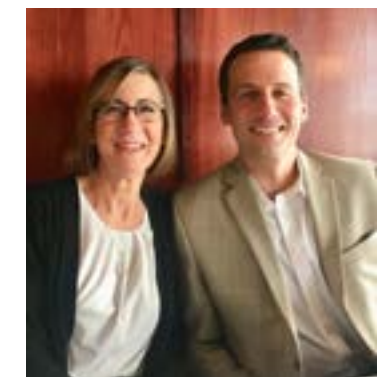
Shawn Gilbert, M.D.  
President  
Alabama Orthopaedic Society



Dr. Wesley Honeycutt, Mrs. Terri Mendez, Dr. Albert Pearsall, and Dr. Jonathan Gillig visit at The Orthopaedic Clinic at the University of South Alabama.



Dr. Skip Gilbert, President of Alabama Orthopaedic Society, Dr. Mike Ryan, orthopaedist at Andrews Sports Medicine & Orthopaedic Center, and Terri Mendez, AOS Executive Director represented Alabama orthopaedists at a legislative roundtable in Birmingham sponsored by the Medical Association of the State of Alabama. The discussion was driven by attending specialties and the issues most pressing to their society and physicians.



Terri Mendez meets with new AOS Board of Directors Member, Dr. Grant Zarzour in Mobile.





## AOS President-Elect & Board of Councillors

Robert Baird, III, M.D.

## AAOS Update

I ATTENDED THE Fall AAOS meeting in Nashville, TN October 24-26, 2019. The meeting touched on a variety of topics and as always, included multiple interesting symposia. An excellent Presidential Line Update was given by Dr. Kristy Weber, Dr. Joseph Bosco, and Dr. Daniel Guy, providing an overview of the state of the AAOS. Focus was given to the AAOS strategic plan and its roadmap to focus on three goals around member experience, quality/value, and culture/governance. The entire plan can be found on the AAOS website. In addition, our presidential line explained the decision to combine the NOLC and fall Academy meetings beginning in 2021. The decision is felt to not diminish the roles of the Board of Councilors (BOC) or the Board of Specialty Societies (BOS), but is expected to provide a more balanced meeting schedule with the opportunity of an expanded role of both the BOC and BOS at the annual meeting. Also of note, the Board of Directors has approved a new biologics strategy that will position the AAOS as a leader in this field. The AAOS has committed \$1.25 million to lead the charge in an effort to promote safety, provide educational and scientific content to members

and patients, and to advocate for high quality science. Lastly, the Presidential Line provided a brief overview on several key areas including the rollout of the new Membership Council which will become effective in March 2020, the launch of the new Spine Registry in partnership with the American Association of Neurological Surgeons, continued engagement with the RUC in addressing CPT codes, and the diversity plan of action to support Goal 3 of the Strategic Plan.

Symposium topics included Quality and Value-Implementation of Evidence Based Practice, Leadership, AAOS Education, Advocacy, and the Implications of Medicare for all. With regards to education and the 2020 Annual Meeting, there will be more engagement opportunities through Ask the Experts, Case Presentations, Innovation Theatres, Industry Lunch and Learns, and Bioskills sessions. In addition, there will be a new app as well as multiple personalized learning opportunities. Also important to note, the Orthopaedic Video Theater (OVT) is available through the Academy website and will have over 1,000 videos available by the 2020 Annual Meeting.

Obviously, there are many hot topics in our specialty. As a result, it is more important than ever to get involved and stay involved. Our annual meeting is an excellent way to do so. We expect to have a Presidential Line speaker, a great educational program, and an awesome social schedule. I look forward to seeing you and your family in Point Clear! Sincerely,

Robert Baird, III, M.D.  
President-Elect  
Alabama Orthopaedic Society  
AAOS Board of Councillors

## AAOS Orthopaedic PAC

AAOS has recognized Alabama for exceeding 25% PAC participation. As of 12/31/19, the following Alabama orthopaedists contributed in AAOS PAC in 2019.

David Alford, MD, FAAOS  
Robert Baird, III, MD, FAAOS  
Thomas Barbour, III, MD, FAAOS  
Michael Blum, MD, FAAOS  
Steven Buckley, MD, FAAOS  
Matthew Busbee, MD, FAAOS  
Michael Cantrell, MD, FAAOS  
Joseph Clark, MD, FAAOS  
J Cockrell, III, MD, FAAOS  
Jeffrey Conrad, MD, FAAOS  
Stephen Cope, MD, FAAOS  
John Curtis, MD, FAAOS  
Joseph Curtis, Jr, MD, FAAOS  
Jeffrey Cusmariu, MD, FAAOS  
Jeffrey Davis, MD, FAAOS  
Paul Davis, MD  
Michael Eslava MD, FAAOS  
John Featheringill, MD, FAAOS  
Andre Fontana, MD, FAAOS  
Timothy Frerichs, MD, FAAOS  
Jonathan Gillig, MD  
Raymond Godsil, Jr, MD, FAAOS

Ben Gomez, MD, FAAOS  
Michael Granberry, MD, FAAOS  
Albert Haas, MD, FAAOS  
Masoud Hamidian, MD, FAAOS  
Adam Handwerger, MD, FAAOS  
Christopher Heck, MD, FAAOS  
Timothy Holt, MD, FAAOS  
Clinton Howard, IV, MD, FAAOS  
Russell Hudgens, MD, FAAOS  
Jonathan Jennings, MD, FAAOS  
Jacob Kidder, MD, FAAOS  
Jack Lemons, PhD  
Robert Liljeberg, Jr, MD, FAAOS  
Philip Maddox, MD, FAAOS  
Lowell Mason MD, FAAOS  
Chad Mathis, MD, FAAOS  
Sharon Mayberry, MD, FAAOS  
Robert McGinley, MD, FAAOS  
Joseph McGowin, III, MD, FAAOS  
Richard McKean, MD  
Howard Miller, MD, FAAOS  
Rosemarie Morwessel, MD, FAAOS

Chris Nichols, MD  
Christopher Odom, MD  
William Park, IV, MD, FAAOS  
Bendt Petersen, III, MD, FAAOS  
Thomas Powell, MD, FAAOS  
James Rachel, MD  
Clinton Ray, MD, FAAOS  
Guy Rutledge, III, MD, FAAOS  
Michael Ryan, MD  
Perry Savage, MD, FAAOS  
Chase Smith, MD  
Keith Spain, MD  
William Sudduth, MD, FAAOS  
Steven Theiss, MD, FAAOS  
Kenneth Vandervoort, MD, FAAOS  
Todd Volkman, MD, FAAOS  
Milton Wallace, MD, FAAOS  
James West, III, MD, FAAOS  
Michael Wiedmer, MD, FAAOS  
Charles Wilson, IV, MD  
James Worthen, MD, FAAOS



Terri Mendez, AOS Executive Director and Niko Corley, MASA Director of Legislative Affairs meet with Members of AL BONES Group in Montgomery to offer information about Alabama Orthopaedic Society and state and national legislative updates.



# Legislators: Just Apply HEAT

Niko Corley

Director, Legislative Affairs Deputy Director, Alabama Medical PAC (ALAPAC)  
Medical Association of the State of Alabama

Through years of medical school, residency and fellowships, physicians earn not only more knowledge and expertise than any other health professional, they also earn the right and responsibility of leading the health team. It is through physician-led care that we ensure continued quality and safety for patients. But each year, “scope creep” proposals seek to “replace medical education with legislation” and to blur the lines between medicine and other health disciplines.

Legislators, when confronted with such proposals, often ask how they can be expected to determine whether a particular piece of health legislation is in their constituents’ best interest. After all, the extent of most legislators’ experience with health care is only on the patient side. While muscle soreness can be alleviated by applying heat, legislators reviewing scope legislation would be well served by, as explained below, just applying H.E.A.T.

### Step 1 – “H” is for Harm

Could the proposal harm patients and will its effects adhere to the Hippocratic Oath’s directive to “first, do no harm?”

### Step 2 – “E” is for Education

Do the proponents of the proposal have the requisite education today to safely perform the tasks or functions they are seeking to amend the law to allow; and, have all members of the profession to whom the proposal would apply received the same levels of specified education to cover the subject of the proposal?

### Step 3 – “A” is for Access

Would the proposal expand access to additional quality care for patients or just additional care, perhaps of a lower standard?

### Step 4 – “T” is for Training

Do proponents of the proposal possess the requisite training at present to perform the tasks they are seeking to amend the law to allow?

### Conclusion

If the answers to any of the above questions is no, then the answer to the legislative proposal in question should likewise be a resounding “no.” Medical education, residency and fellowships prepare physicians for the challenges of delivering quality care in today’s ever-changing health landscape. While proponents of “scope creep” pitch their proposals as cure-alls

for the state’s health delivery system, there are no shortcuts to addressing Alabama’s health challenges.

To the contrary, removing physician supervision and reducing safety standards and protocols will only endanger patients and reduce quality. By investing in and supporting programs, proposals and initiatives that recruit and retain physicians to this state, legislators can grow the physician workforce, maintain quality of care and boost Alabama’s economy. In the meantime, lawmakers utilizing the four-step HEAT process to analyze legislative proposals should find it helps them separate appropriate changes to Alabama’s health laws from the many dangerous “scope creep” bills that are on the increase.



Zane Hyde, M.D.

# University of Alabama Birmingham Update

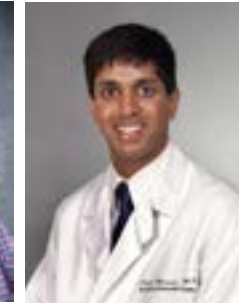
Zane Hyde, M.D.



Karlee Lau, M.D.



Elie Ghanem, M.D.



Amit Momaya, M.D.



Jonathan Quade, M.D.



Allison Hunter, M.D.



Sarah Goude, M.D.

UNIVERSITY OF ALABAMA DEPARTMENT of ORTHOPAEDIC SURGERY continues to have exciting times of change and growth as a department under the leadership of Dr. Steven Theiss.

UAB would like to welcome its newest faculty member in **Dr. Karlee Lau**. Dr. Lau specializes in hand surgery. She received her MD from the University of Texas Southwestern Medical School. She did her orthopaedic residency at Oregon Health and Science University. She completed a hand and upper extremity fellowship at The University of Alabama at Birmingham.

With the continued growth of the new department, three new department section heads were named recently. **Dr. Elie Ghanem** will serve as section chief for joint arthroplasty. **Dr. Amit Momaya** will serve as section chief for Sports Medicine. **Dr. Jonathan Quade** will

serve as the section chief for the trauma service.

This year UAB Orthopaedics has started a Women in Orthopaedics mentorship program to identify female medical students that are interested in orthopaedics. The group met this semester thanks to the leadership of **Dr. Allison Hunter** at **Dr. Sara Gould’s** home and had a great turnout. They look to continue meeting and encouraging other females to pursue a career in orthopaedics.

Stay connected with UAB Orthopaedics with new subscribe sign up option. Follow this link to sign up to receive UAB newsletter: <https://www.uab.edu/medicine/orthopaedics/news-events/uab-ortho-newsletter>

We would also like to invite everyone to the Department of Orthopaedic Surgery Grand Rounds which are held twice monthly at 5 pm on Thursdays in the Highlands Hospital Media Center on the first floor of UAB Highlands. CME credit is available.

Please also refer to our website for new updates and information at [www.uab.edu/medicine/surgery/orthopaedics](http://www.uab.edu/medicine/surgery/orthopaedics)



# University of South Alabama Update

Jonathan Gillig, M.D.



Jonathan Gillig, M.D.



Jeffrey Brewer, M.D.



THE ORTHOPAEDIC SURGERY DEPARTMENT at the University of South Alabama

This upcoming year will provide some great facility upgrades to the USA Department of Orthopaedics and our entire health system. Construction is well underway on the **Fanny Meisler Trauma Center** which is set to open in the fall of 2020. The expansion of our emergency department will significantly enhance the hospital's ability to accommodate patients with traumatic injuries and respond to mass casualty situations in the region. In

anticipation for this new addition, the hospital has already seen a 30% increase in trauma volume over the past 12 months which continues to provide further educational opportunities for our residency program.

The residents are also excited about a new call room that is currently under construction. The new space will provide a common area specifically for the department which will allow for better transitions of care. It will also provide a new space for residents to gather during their time at the hospital.

**Dr. Jeffrey Brewer**, has been named the new program director of the residency program. This new leadership change has provided the opportunity to start overhauling our residency curriculum and make changes to further improve residency education.

Lastly, we continue to have USA Orthopaedic Grand Rounds every Friday morning at 7 AM in the Strada Patient Care Center. We welcome attendance by any AOS members and community surgeons and hope to see some familiar faces. CME continues to remain available.

## Southeastern Orthopaedic Foot Club Meeting



### April 30, 2020, The Grand Hotel Point Clear, AL

Preceding the AOS Annual Meeting  
Registration information on the AOS website



We value your membership in Alabama Orthopaedic Society

Please JOIN or RENEW today!

## 2020 AOS DUES STATEMENT

Name: \_\_\_\_\_

Address: \_\_\_\_\_

City: \_\_\_\_\_ State: \_\_\_\_\_ Zip Code: \_\_\_\_\_

Specialty (please include for AOS website search): \_\_\_\_\_

### Check One Category:

\_\_\_\_\_ Active \$300.00/yr.

\_\_\_\_\_ Retired / Resident / Fellow (Circle One) No Charge

### METHOD OF PAYMENT:

\_\_\_\_\_ Check (Complete this form, attach check payable to AOS and mail to Alabama Orthopaedic Society, 1085 Chesson Hill Dr., Fitzpatrick, AL 36029)

\_\_\_\_\_ On-Line  
www.aosdocs.com Select *Membership Renewal* or *Join AOS*

\_\_\_\_\_ Group Discount  
Practices whose members all join as a Group will receive a 10% discount off total dues.

Type of credit card used to pay: \_\_\_\_\_ MasterCard \_\_\_\_\_ VISA \_\_\_\_\_ American Express

Card Number: \_\_\_\_\_ - \_\_\_\_\_ - \_\_\_\_\_ Exp: \_\_\_\_\_ - \_\_\_\_\_ CSV Code: \_\_\_\_\_

Credit Card Billing Address: \_\_\_\_\_ Zip Code \_\_\_\_\_

Cell: (will not be made public) \_\_\_\_\_ E-mail Address: \_\_\_\_\_

Mail to: AOS | 1085 Chesson Hill Drive | Fitzpatrick, AL | terri@aosdocs.com

Tel: 334-657-6575 | Fax: 334-460-9925 | www.aosdocs.com

# Featured Guest Speakers



## Michael Suk, M.D.

Michael Suk, MD, JD, MPH, MBA, FACS, is chair of the Geisinger Musculoskeletal Institute and the Department of Orthopaedic Surgery. He is also the chief physician officer for Geisinger System Services. He holds a law degree and master's degrees in public health and business administration. In 2016, Dr. Suk was selected as a Baldrige Executive Fellow, and he is a former White House Fellow. Dr. Suk is on the editorial board of several orthopaedic journals, is the author of numerous scientific articles, and is lead author of a textbook on orthopaedic outcomes measures and instruments. He has received international attention for his work on the link between patient expectations and clinical outcomes in orthopaedic trauma surgery. He has spoken on topics including orthopaedic fracture management, healthcare literacy and access to and delivery of healthcare services.



## Peter Waters, M.D.

Dr. Waters is recognized nationally and internationally for his clinical and surgical expertise on the hand and upper limb in children and adolescents, especially congenital differences, post-traumatic complications and brachial plexus birth palsies. He is Orthopedic Surgeon-in-Chief, Orthopedic Center; Director, Brachial Plexus Program; Director, Hand & Orthopedic Upper Extremity Program; Director, Clinical Effectiveness Research Center at and serves as an expert for the Department of Orthopedics for Boston Children's Hospital Precision Medicine Service and is the John E. Hall Professor of Orthopedic Surgery, Harvard Medical School. Dr. Waters has been president of the Pediatric Orthopaedic Society of North America (POSNA) and is currently co-President of the International Pediatric Orthopaedic Think Tank (IPOTT).



## Michael Pinzer, M.D.

Dr. Pinzur, MD is board certified in Orthopaedic Surgery. He graduated from Rush Medical College of Rush University Medical Center in 1974. He completed a residency at McGaw Medical Center and a fellowship at Northwestern University McGaw Medical Center.

Dr. Pinzur also specializes in Foot & Ankle Surgery. He currently practices at Loyola Center for Health At Oakbrook Terrace, Illinois and is also affiliated with Alexian Brothers Medical Center.



## David Herrick, M.D.

Dr. Herrick is Board Certified in Anesthesiology and Board Certified by the American Board of Anesthesiology in Pain Management. He is active in organized medicine serving fourteen years on the Alabama Boards of Medical Examiners, State Medical Association and Public Health. From 2016 to 2017 he served as the 150th president of the Alabama Medical Association. Dr. Herrick's undergraduate degree is from Auburn University and his Medical degree from the University of Alabama, Birmingham which he attended on a United States Air Force scholarship. He proudly served three years of active duty and attained the rank of Major. He is an Eagle Scout as well.

# AOS/MOS Joint Annual Meeting Registration

April 30 - May 2, 2020

The Grand Hotel, Point Clear, AL

Mail form with payment to:

**AL Orthopaedic Society**, 1085 Chesson Hill Drive, Fitzpatrick, AL 36029

First Name: \_\_\_\_\_ Last Name: \_\_\_\_\_

Spouse or Guest Name: \_\_\_\_\_

Address: \_\_\_\_\_

City: \_\_\_\_\_ State: \_\_\_\_\_ Zip Code: \_\_\_\_\_

Tel: \_\_\_\_\_ - \_\_\_\_\_ - \_\_\_\_\_ Fax: \_\_\_\_\_ - \_\_\_\_\_ - \_\_\_\_\_

E-mail: \_\_\_\_\_

Type of Credit Card: \_\_\_\_\_ VISA \_\_\_\_\_ AmExp \_\_\_\_\_ MasterCard

Credit Card #: \_\_\_\_\_ CSV: \_\_\_\_\_ Exp. \_\_\_\_\_

Print Name as it Appears on Credit Card: \_\_\_\_\_

Signature of Card Holder: \_\_\_\_\_

Category: (Circle One)

AOS/MOS Member    AOS/MOS Non-Member    Resident/Fellow    NP/PA/RN/SA

### Registration Fees:

### Number Attending:

AOS/MOS Members	\$200.00	_____
AOS/MOS Non-Members	\$275.00	_____
Allied Professionals (NP/PA/RN/SA)	\$100.00	_____
Residents/Fellows	No Charge	_____
Friday Golf	\$195.00/Player	_____
Friday Fishing	\$155.00	_____

Total Amount Paid: \$ \_\_\_\_\_

Hotel Reservations: Phone: 800-544-9933 Meeting Code: AL Orthopaedic Group  
For Online Hotel Reservations See: [www.aosdocs.com/annual-meeting/](http://www.aosdocs.com/annual-meeting/)

Send to: Terri Mendez, AOS Executive Director: [terri@aosdocs.com](mailto:terri@aosdocs.com) | 334-657-6575





Alabama Orthopaedic Society  
1085 Chesson Hill Drive  
Fitzpatrick, AL 36029



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grass  
roots

*will pass or kill a bill*

**CONTACT YOUR LEGISLATOR**