



# Alabama Orthopaedic Society

## News

Summer 2020

### AOS BOARD OF DIRECTORS

#### PRESIDENT

#### AAOS COUNCILOR

Robert Baird, III, M.D.  
rbaird@theorthogroup.com

#### PAST-PRESIDENT

Shawn R. Gilbert, M.D.  
srgilbert@uabmc.edu

#### PRESIDENT-ELECT

Michael Johnson, M.D.  
michaeljohnson@uabmc.edu

#### SECRETARY-TREASURER

James G. Davis, M.D.  
jdavis4330@aol.com

#### AAOS COUNCILOR

Howard Miller, M.D.  
hgmortho@aol.com

#### MEMBERS AT LARGE

Jonathan Jennings, M.D.  
jonathanjennings@gmail.com

Grant Zarzour, M.D.  
grantzarzour@gmail.com

R. Allan Maples, M.D.  
allanmaples@gmail.com

Michael Smith, M.D.  
michaeldevonsmith@gmail.com

Clay Spittler, M.D. (UAB)  
caspittler@uabmc.edu

Mark Perry, M.D. (USA)  
mperry@health.southalabama.edu

#### UAB RESIDENT MEMBER

Jacob Hawkins, M.D.  
jacobhawkins@uabmc.edu

#### USA RESIDENT MEMBER

Nathaniel Sbravati, M.D.  
nsbravati@health.southalabama.edu

#### AOS EXECUTIVE DIRECTOR

Terri Mendez  
334-657-6575  
terri@aosdocs.com



### In This Issue

AOS New Slate of Leaders	4
Liability Protection from COVID-19 Lawsuits	7
Advocacy for Orthopaedists During COVID-19	8
AOS Contribution to Residency Programs	11

Due to the ongoing spread of coronavirus (COVID-19) pandemic, and the resulting state and federal guidelines restricting large gatherings, The Alabama & Mississippi Orthopaedic Society made the very difficult decision to cancel the AOS/MOS 2020 Annual Meeting. We will be together again soon! We are already working diligently on plans for the 2021 Annual Meeting at The Henderson Beach Resort May 13-15. Please make plans to join us! (information page 14)

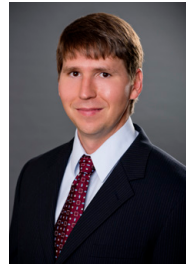
## 2020-2021 AOS Board of Directors



Robert Baird, III, M.D.



Shawn Gilbert, M.D.



Michael Johnson, M.D.



James G. Davis, M.D.



Howard Miller, M.D.



Jonathan Jennings, M.D.



Grant Zarzour, M.D.



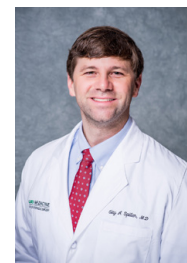
Allan Maples, M.D.



Michael Smith, M.D.



Mark Perry, M.D.



Clay Spittler, M.D.



Jacob Hawkins, M.D.



Nate Sbravati, M.D.



Terri Mendez

We are honored to announce the 2020-2021 AOS Board of Directors. We thank our dedicated members who have served on the board, for those who continue to serve, and we welcome new members.

Please see article on page 4



## AOS President's Message

Robert Baird, III, M.D.

# UNCERTAIN TIMES DURING PANDEMIC

WHAT AN UNBELIEVABLE three plus months we have had. COVID-19 has created significant uncertainty, personal and professional stress, financial hardships, and potentially infected you or a loved one. Instead of enjoying our annual meeting in Point Clear in May, the majority of us were quarantined with little orthopaedic work to do and hopeful our practices would return to their previous state without laying off or furloughing employees.

Thankfully, the majority of us have returned to near full capacity and are performing the much needed elective cases so important to our patients. Also, many of our practices have benefitted from the Paycheck Protection Program and the Health and Human Services Provider Relief Fund. Most recently, the Paycheck Protection Flexibility Act was passed allowing 24 weeks to spend the funds as opposed to eight, and more flexibility for the funds decreasing the ratio required for payroll costs from 75% to 60%.

I mention these, first, because they were much needed in our practices and vital to their survival, but also because our Academy staff and PAC were significantly involved in this legislation. In addition, our Academy was instrumental in increasing

telehealth payments, delaying MIPS reporting deadlines, and extending CJR Model Year Five by three months. Going forward, the Academy and PAC continue to advocate for passage of the Coronavirus Provider Protection Act, passage of a bill to provide grants for rural hospitals and ambulatory surgery centers to prevent closures, continuing to expand and improve telemedicine for orthopaedics, and further delaying MIPS pathways. As you have heard from Dr Gill with the AAOS PAC and Academy leadership, these efforts do not occur without our support. Our PAC and Office for Government Relations are supported by our membership. More than ever, they need our continued help to remain active and advocate on our behalf. As an arthroplasty surgeon whose practice is predominantly elective, I fully understand the financial strain we have experienced. I also absolutely see the benefit the Academy and our PAC have provided during this difficult time and I encourage you to support both.

On a separate note, the Board of Councilors and Board of Specialty Societies met virtually June 4. This is the time we would have met in Washington, DC at the annual National Orthopaedic Leadership Conference which was canceled

due to COVID -19. Four resolutions regarding much of what I just discussed were passed and will be considered further by the Academy's Board. In addition, plans are being made for In-District Advocacy Events where we hope to meet with our members of Congress in their local offices and community. We anticipate that these visits may be more beneficial than the brief 15-20 minute visits we normally have in their offices on Capitol Hill and some may even take place in our offices, ASC, or hospital. I look forward to this opportunity to demonstrate the importance of the care we provide to our patients on a daily basis.

I hope you and your families remain safe in these uncertain times and I am hopeful we will get through this crisis in the near future. I look forward to our Annual Meeting in Destin next year and hope to see all of you.

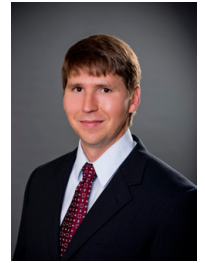
Sincerely,

A handwritten signature in blue ink that reads "R Baird". The signature is written in a cursive, flowing style.

Trey Baird, M.D.  
President  
Alabama Orthopaedic Society  
AAOS Board of Councilors

# AOS President-Elect's Message

Michael Johnson, M.D.



## ADAPTING IN EVER CHANGING TIMES

I WOULD LIKE to first thank Dr. Skip Gilbert for his leadership during this unprecedented year. Under his guidance, the AOS successfully protected Alabama's patients from scope of practice initiatives and supported orthopaedic education through generous grants to the residents of UAB and South Alabama. His leadership during the pandemic provided valuable resources to our members to help navigate the uncertainties of the quarantine. I am honored to serve as president-elect, and I look forward to working with Dr. Trey Baird to continue supporting these efforts and preparing for the unknown challenges that lie ahead.

It has been truly an extraordinary time to be a healthcare provider. As orthopaedic surgeons, the COVID-19 pandemic halted our practices and forced us to adapt to an ever changing situation. Here at UAB, we split our residents into two platoons. One was clinically active and the other was at home working on research and studying. Fortunately, cases in

Alabama did not rise to the point that orthopaedists were called to the ICU for patient care, but this was the reality in several other programs. In preparation, I even dusted off my stethoscope!

Although the shutdown was certainly unwelcome, it did provide a commodity so many of us are short on—free time. With clinical practices slowed, many of us were able to finally tackle honey-do lists. We painted rooms, cleared overgrown flower beds, cleaned closets, and home schooled children. In addition to completing chores, there was also time for reflection and strengthening relationships with our families and loved ones.

During this time, I appreciated how fortunate I am to practice orthopaedic surgery. I did not find myself grumbling about payers, the EMR, or late night calls. Rather, I found myself grateful for the opportunity to positively impact lives. The care and service we provide our patients

in returning them to sport, correcting deformity, relieving pain and restoring function is a privilege— a privilege easily taken for granted in our busy day to day clinical routines.

With all of the uncertainty due to the pandemic and its resultant distractions, it is easy to overlook upcoming legislative issues that may negatively impact orthopaedic surgery and patient care. We are vigilantly monitoring these issues and will keep you updated. If you have not already, I encourage you to become involved in AOS. We will need the full participation of our membership to advocate for orthopaedics and our patients.

Sincerely,

A handwritten signature in black ink, appearing to read 'MJ', written in a cursive, flowing style.

Michael Johnson, M.D.  
President-Elect  
Alabama Orthopaedic Society

# AOS Elects New Slate of Leaders

MEMBERS OF THE Alabama Orthopaedic Society elected a new slate of leaders during their annual general membership meeting on May 12, 2020.

Serving as officers are: Dr. Robert (Trey) Baird, President and Dr. Michael Johnson, President-Elect. Dr. Shawn (Skip) Gilbert will remain on the board to serve as Past-President and Dr. Jim Davis continues to serve as Secretary-Treasurer.

**Dr. Trey Baird** is a joint replacement specialist. Born and raised in Alabama, Dr. Baird completed his residency in orthopaedic surgery at the University of Alabama at Birmingham, where he gained valuable experience in diagnosing and treating injuries and disorders. He subsequently completed his fellowship in adult reconstruction of the hip and knee in Charlotte, North Carolina. He has a special interest in joint replacement surgery when nonsurgical treatment is ineffective and specializes in partial knee replacement, total knee and hip replacement and revision surgery.

**Dr. Michael Johnson** specializes in diagnosis, treatment and therapy of foot and ankle disease, and injuries. He joined the faculty of UAB's Department of Surgery, Division of Orthopaedics in 2013. He received his medical school training at UAB, his residency in Orthopaedic surgery at the University of Tennessee and his fellowship at the University of Washington, Seattle. Dr. Johnson received numerous honors, scholarships and awards during his training period, including the Thomas E. Rast Endowed Medical Scholarship at the UAB School of Medicine. In addition to his Orthopaedic training, Dr. Johnson is certified in Advanced Cardiac and Trauma Life Support.

**Dr. Shawn Gilbert** is a Professor in the Department of Orthopaedic Surgery at UAB. He is Executive

Vice Chair, L. Gwaltney McCollum, Jr. Endowed Chair in Pediatric Orthopaedics at Children's of Alabama. His clinical interests are in general pediatric orthopaedic surgery with emphasis in complex limb, hip and spine deformities.

Dr. Gilbert received his undergraduate degree from University of North Carolina, and began his medical education at the University North Carolina School of Medicine. He completed his surgical residency in orthopaedic surgery at the University of North Carolina Hospital and a pediatric orthopaedic surgery fellowship at Children's Healthcare of Atlanta.

**Dr. Jim Davis** has been dedicated to AOS and the Board of Directors for decades – beginning his first term on the board in 1982.

Dr. Davis served as President in 1990-91 and as Executive Director of the association while also in orthopaedic practice until 2007. He has since served as Secretary-Treasurer. Dr. Davis is retired from private practice and continues to practice orthopaedics part-time at the VA Medical Center in Birmingham.

Members also added three of their colleagues to the AOS board of directors:

**Dr. Michael Smith**, is the Director of Hand and Upper Extremity Surgery at Grandview Medical Center in Birmingham. As a partner at Southlake Orthopaedics, Dr. Smith provides treatment for ailments related to the shoulder, elbow, hand or microvascular problems.

He received his medical degree at Harvard Medical school with internship and residency in orthopaedic surgery at Emory University in Atlanta, GA followed by Harvard Hand and Upper

Extremity Fellowship at Brigham and Women's Hospital and Boston Children's Hospital.

Dr. Smith received numerous honors and awards during his education and training including the top resident award and being elected to be the Administrative Chief Resident while at Emory.

**Dr. Clay Spitler** is an orthopaedic trauma surgeon and an associate professor in the UAB Department of Orthopaedic Surgery. After finishing medical school at the Medical College of Georgia in 2008, Dr. Spitler completed an Orthopaedic surgery residency at the University of Tennessee in Chattanooga and an orthopaedic trauma fellowship at the University of Washington in Seattle. After 4 years of work at the University of Mississippi, Dr. Spitler joined the faculty at UAB in July 2018.

**Dr. Mark Perry**, is a board-certified orthopaedic surgeon and Professor of Orthopaedic Surgery at the University of South Alabama in Mobile. Dr. Perry attended medical school at Johns Hopkins University where he also completed his internship and residency. He completed a foot and ankle fellowship under Dr. Arthur Manoli. Dr. Perry specializes in foot and ankle reconstruction and orthopaedic trauma.

Additionally, the board welcomes **Drs. Jacob Hawkins** (UAB) and **Dr. Nathaniel Sbravati** (USA) as Resident Members-at-Large.

The current Board and its staff are delighted to welcome each of the new Board members. Serving on the Board of Directors is a tremendous commitment of attention and time. We appreciate each new member's dedication to the practice of orthopaedics in Alabama and look forward to working with each of them.



# AOS Executive Director's Letter

Terri Mendez



## Zoom in - Zoom Out

I DON'T KNOW about you, but prior to March 2020, I never even heard of Zoom!

Just like that, we embraced Zoom into our daily lives. COVID Updates, Board of Directors Meeting, General Membership Meeting, Board of Directors Elections, Medical Association Meetings .... (I even had lots of fun with grandchildren who hosted family game nights on Zoom.)

### Let's zoom in on this:

On April 21, state health leadership joined AOS membership for a Zoom teleconference to discuss COVID-19 as it relates to orthopaedics in Alabama. The panel addressing our members were:

**Dr. Scott Harris**, State Health Officer and member of Governor Ivey's COVID-19 Task Force

**Dr. Josh Stripling**, Assistant Professor and Infectious Disease at UAB

**Dr. Steven Theiss**, Chair of UAB Department of Orthopaedic Surgery

**Mark Jackson**, Executive Director Medical Association of the State of Alabama.

A few of the topics discussed were:

- State of the state with respect to Covid-19
- Has the curve been successfully flattened?
- Best ways to prevent spread of disease
- Health care delivery in the next weeks/months (especially with

regard to less urgent/elective procedures

- Particular risks associated with orthopaedic surgery for patients and health care workers
- In anticipation of going back to work, what do we need to do to mitigate spread of disease?
- How to keep patients, healthcare workers, and ourselves healthy
- Best practices
- Challenges presented in orthopaedic medicine/surgery
- Liability issues
- PPE in Alabama

### Board of Directors Meeting

The AOS Board of Directors Meeting, which is traditionally held prior to the Annual Meeting, was held this year via Zoom conference. If you have not had a chance to view the minutes to the board of directors meeting, you may view them on the AOS website.

### General Membership Meeting

Dr. Scott Harris addressed the AOS Membership at the General Membership meeting which was held via Zoom.

Dr. Harris, gave a brief update on the virus in Alabama, which included the health orders in the state, the lifting of restrictions on elective procedures, and the recent increase in COVID-19 cases in Alabama.

The task force believes that we still have several months ahead of us and expects to see more outbreaks during cooler weather.

AOS Membership voted to adopt

changes to the AOS-By-Laws to reflect updated practices.

Additionally, membership elected a new slate of leaders (*listed on page 4.*)

As much as I have enjoyed seeing you all on digital platforms, I hope this is not "post-pandemic permanent." I hope to see you in person very soon.

Speaking of seeing you in person...

We are busily planning the 2021 Alabama and Mississippi Annual Meeting May 13-15, 2021 at The Henderson Resort in Destin, Florida. The Henderson was very popular to our members and vendors during the 2019 meeting. The property is wonderful and there is something to do for everyone.

The scientific sessions will include an excellent slate of speakers. There will be plenty of free time in the afternoons for golf, fishing, boating, biking, enjoying the beautiful private beach or relaxing in the lazy river.

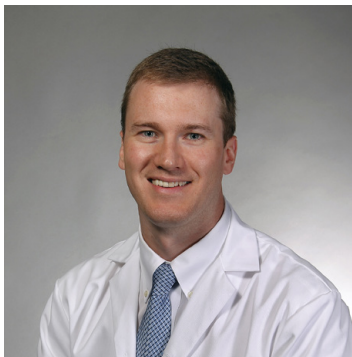
This is a family location. Please bring your family.

I continue to thank you for the opportunity to serve you and orthopaedics in Alabama. I am sincerely honored to work with such a fine group of people.



Terri Mendez  
Executive Director  
Alabama Orthopaedic Society

# Chestley L. Yelton Resident Essay Competition



## First Place

### Jonathan Isbell, M.D.

UAB Department of Orthopaedic Surgery

*“Resilience Correlates with Patient Reported Outcomes after Reverse Total Shoulder Arthroplasty”*

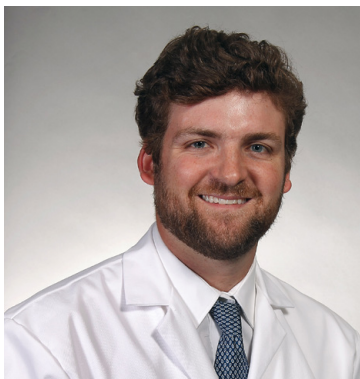


## Second Place

### Jeffrey Pearson, M.D.

UAB Department of Orthopaedic Surgery

*“Can Axial Compression be Obtained Through a Circular Hole or Will Only an Oblong Hole Do?”*



## Third Place

### Thompson McMurtrie, M.D.

UAB Department of Orthopaedic Surgery

*“The Effect of Corticosteroid Injections in the Setting of Rotator Cuff Repair: A Systematic Review?”*

The Chestley L. Yelton Resident Essay Competition Award is normally presented at the AOS/MOS Annual Meeting. Unfortunately, due to the Annual Meeting cancellation during the COVID-19 pandemic, these award winners were unable to present their papers to the general membership of the Alabama Orthopaedic Society. This year all award recipients were from UAB Department of Orthopaedic Surgery. First place award went to Dr. Jonathan Isbell, Second place was awarded to Dr. Jeffrey Pearson, and Dr. Thompson McMurtrie received the third place award.

We thank the members of the Yelton Essay Competition Committee, Drs. **Grant Zarzour, Michael Smith, and Chris Parks** for poring through **39** paper submissions this year.

---

# EXECUTIVE ORDER PROVIDES IMMUNITY

May 8, 2020

Today, Governor Kay Ivey issued the Executive Order providing much needed immunity for businesses and health care providers. The Order provides immunity from suit unless a plaintiff provides clear and convincing evidence of “wanton, reckless, willful, or intentional misconduct.” In addition, when liability is established, all non-economic and punitive damages are prohibited except in cases involving “serious physical injury.” This protection is retroactive and applies from March 13, 2020, the date Governor Ivey declared a state of emergency, until the State COVID-19 public health emergency is terminated.

Starnes was pleased to be involved in the drafting of this Executive Order as many of our clients are on the front lines of the battle against COVID-19. Given the integral role of businesses and health care providers in this emergency, they should not have to fear exposure to frivolous lawsuits. To summarize, the Executive Order:

- Provides immunity for COVID-19 related claims, including, but not limited to, the contraction or alleged exposure to COVID-19 on the premises of a business or health care provider and claims from their efforts to prevent or delay the spread of COVID-19 unless proven by clear and convincing evidence that a business or provider acted with wanton, reckless, willful, or intentional misconduct.
- Provides immunity for treatment that resulted from, was negatively affected by, or was done in response to the COVID-19 pandemic or the State’s response to the pandemic unless proven by clear and convincing evidence that a provider acted with wanton, reckless, willful, or intentional misconduct.
- Provides immunity to any university or public institution of higher education in the State of Alabama and their employees for the “design, manufacture, distribution, allowance, use, or nonuse” of PPE and the “design or manufacture of testing materials done under the direction of ADPH and in accordance with ADPH’s specifications” unless proven by clear and convincing evidence that such act was done with wanton, reckless, willful, or intentional misconduct.
- Prohibits claims for mental anguish, emotional distress, or punitive damages in a personal injury case where there is no “serious physical injury”—i.e. a “death or injury that requires either in-patient hospitalization of at least 48 hours, permanent impairment of a bodily function, or permanent damage to a body structure.” Therefore, in situations where liability could attach and there is no “serious physical injury,” the business or provider would only be liable for economic, compensatory damages in a personal injury case.
- Allows claims for punitive damages in a wrongful death case where liability could attach.
- Operates in conjunction with any other applicable Alabama Executive Orders and State or Federal laws pertinent to the COVID-19 pandemic.
- Does not affect the right of any person to receive or claim benefits otherwise available under the Workers’ Compensation Act.
- Applies retroactively to March 13, 2020—the date the Governor declared the State public health emergency—and would last until the State COVID-19 public health emergency is terminated.
- Applies retroactively for COVID-19 related negligence, premises liability, or any non-wanton, non-willful or non-intentional civil claims predating March 13, 2020 unless proven by clear and convincing evidence that the provider did not reasonably attempt to comply with the then applicable public health guidance.

If you have any questions or need legal support, please contact: Allen King at 205-868-6050 or [aking@starneslaw.com](mailto:aking@starneslaw.com) | Starnes Davis Florie



# Advocacy for Orthopaedists During COVID-19

Niko Corley

*Director, Legislative Affairs*

*Medical Association of the State of Alabama Deputy*

While every legislative session is unique, this year's was one for the record books. Were there a record number of scope of practice expansions introduced? Yes. Did the chairman of the Senate Health Committee (an optometrist) ram an optometric surgical bill through committee on a "voice vote" despite obvious, vocal opposition from a majority of committee members? Yes. But ultimately, an invisible enemy had the most significant impact on the 2020 Session.

COVID-19 claimed the last half of the now-concluded 2020 session, with legislators unable to return to Montgomery until early May. But by no means were the Medical Association's advocacy efforts on behalf of medical practices and patients on hold. To the contrary, our work on your behalf went into overdrive. Here are but few of the issues the Association worked on the past few months affecting orthopaedists:

### **Medical liability during COVID-19**

The pandemic drastically altered delivery of medical care, from the clinic to the surgery center to the hospital. Recognizing the new liability exposure to physicians and medical practices for delayed diagnoses or delayed procedures through no fault of physicians and their staff, the Association worked with both Sen. Arthur Orr (R-Decatur) on legislation (SB330) as well the Ivey Administration on an executive order. Time ran out on the legislation during the 2020 Session, but the efforts on the

executive order were successful and on May 8, Gov. Ivey issued an executive order providing liability protection to physicians for care whose provision to patients was negatively affected or impacted by COVID-19 and/or the state's response to the pandemic (like halting all elective procedures). Even with the executive order in place however, the Association will continue advocating for passage of Sen. Orr's liability protection legislation, whether in a subsequent special session in 2020 or later.

### **Telehealth during COVID-19**

Because parity in reimbursements between in-person and telehealth visits has long been an advocacy priority for the Association, it applauded the Blue Cross Blue Shield of Alabama decision to temporarily cover telephonic services beginning mid-March. Alabama Medicaid followed suit, and finally, after weeks of the Association and other allied groups petitioning Congress and Medicare regarding coverage for telephonic-only visits for seniors, CMS also agreed to cover telephonic-only telehealth. The Association is working to make permanent these improvements in coverage of telehealth services. As well, during the pandemic, out-of-state telehealth corporations sought to gain an unfair business advantages over Alabama medical practices. In the end, out-of-state physicians providing telehealth to Alabama patients didn't get any special treatment and have to follow the same rules as physicians

living, working and paying taxes in Alabama.

### **Scope creep during COVID-19**

When the pandemic hit, a countrywide effort ensued from national non-physician associations seeking to advance their own specific scope-expansion agendas. These groups urged their state-level counterpart organizations to push governors to broadly expand scopes of practice in response to COVID-19. The Association weighed in, and despite the push from the aforementioned national organizations promoting their own agendas, the Ivey Administration wisely maintained physician-led, team-based care as the standard for Alabama.

### **What happened to the PT and podiatry bills?**

As introduced, the PT bill would have abolished the need for a medical diagnosis before a physical therapist could begin providing therapy to a patient. After consultation with AOS and other specialty societies issuing large numbers of PT referrals, the Association led negotiations to firmly maintain the importance of medical diagnosis but to also: (1) extend the current timeframe for which a referral is good from 90 to 120 days; (2) allow therapy without a referral for patients with a diagnosed chronic condition for which therapy is appropriate and who are under physician management for the condition; and, (3) allow therapy for without referral for restorative exercises so long as the patient does not



initially present with new on-set pain, illness, or injury. The PT bill did not pass but will return.

The podiatry bill, as introduced, would have allowed podiatrists who have completed as few as 2-years of podiatry residency to perform ankle surgery. The Association and AOS met with representatives of the state podiatry association but could reach no consensus with the

podiatrists. The legislation failed to receive a vote in committee but will return.

In summary, the past few months have been anything but quiet regarding the Medical Association's advocacy in conjunction with AOS and on behalf of Alabama orthopaedists. Thank you for the care you have provided your patients in these trying times and

your continued support of the Medical Association that allows the kind of successful advocacy detailed above to continue.

*Niko Corley may be reached at [ncorley@alamedical.org](mailto:ncorley@alamedical.org).*

# PROUD

*of our own*



**Dr. Stephanie Stopka Pearce**, former USA resident member to the AOS Board of Directors serves as Vice Chair of the AAOS Residents Assembly.

Last month Dr. Pearce served on the faculty panel of the New Orthopaedic Training Modalities and Overcoming Barriers to Adoption webinar.



**Dr. Brandon Taylor**, who served as the first USA resident member to the AOS Board of Directors, has been elected as young physician representative for the American Orthopaedic Foot and Ankle Society to the AMA. One of the goals of of this office is to encourage physicians in their first decade of practice to join specialty and state associations.



**Dr. Ryan McLynn**

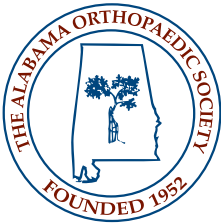


**Dr. Mark Prevost**

Each residency program is asked to nominate one resident to be the Resident Delegate to the AAOS Resident Assembly. The delegate serves as the voting representative for his orthopaedic residency program.

**Dr. Ryan McLynn** currently serves as UAB Resident Delegate and **Dr. Mark Prevost** serves as USA Resident Delegate to the AAOS Resident Assembly.

*share your news:* [terri@aosdocs.com](mailto:terri@aosdocs.com)



Please include your sub-specialty for search on AOS website.

## 2020 AOS DUES PAYMENT

Name: \_\_\_\_\_

Address: \_\_\_\_\_

City: \_\_\_\_\_ State: \_\_\_\_\_ Zip Code: \_\_\_\_\_

Specialty (please include for AOS website search): \_\_\_\_\_

### Check One Category:

\_\_\_\_\_ Active \$300.00/yr.

\_\_\_\_\_ Senior / Resident / Fellow (Circle One) No Charge

### **METHOD OF PAYMENT:**

\_\_\_\_\_ **Check** (Print and complete this form, attach check payable to AOS and mail to Alabama Orthopaedic Society, 1085 Chesson Hill Dr., Fitzpatrick, AL 36029)

\_\_\_\_\_ **On-Line**  
www.aosdocs.com Select Membership Renewal

\_\_\_\_\_ **Credit Card**  
Complete this form and email to terri@aosdocs.com or Fax to AOS at 334-460-9925.

\_\_\_\_\_ **Group Discount**  
Practices whose members all join as a Group will receive a 10% discount off total dues.

Type of credit card used to pay: \_\_\_\_\_ MasterCard \_\_\_\_\_ VISA \_\_\_\_\_ American Express

Card Number: \_\_\_\_\_ - \_\_\_\_\_ - \_\_\_\_\_ Exp: \_\_\_\_\_ - \_\_\_\_\_ CSV Code: \_\_\_\_\_

Billing Address: \_\_\_\_\_ City: \_\_\_\_\_ Zip \_\_\_\_\_

Email Address: \_\_\_\_\_ cell phone \_\_\_\_\_  
*will not be published* *will not be published*

Mail to: AOS | 1085 Chesson Hill Drive | Fitzpatrick, AL  
Email to: terri@aosdocs.com  
Tel: 334-657-6575 | Fax: 334-460-9925 | www.aosdocs.com

# AOS Makes Contribution to UAB and USA Orthopaedic Residency Programs



*UAB Representative to the AOS Board of Directors, Dr. Zane Hyde presents Dr. Scott Mabry, UAB Dept. of Orthopaedics Administrative Chief Resident with contribution from AOS.*



*USA Representative to the AOS Board of Directors, Dr. Jonathan Gillig presents Dr. Russell Goode, President of the USA Resident Fund with contribution from AOS.*

The Alabama Orthopaedic Society presented the UAB and USA Orthopaedic Residency Programs with a financial gift of \$12,000. The Society is honored to be in the position to make this contribution to the residency programs and hopes to continue to do so in the future.

Dr. Scott Mabry, Administrative Chief Resident, with the UAB Department of Orthopaedics reported: "With the contribution from the Alabama Orthopaedic Society, we intend to create a fund that will foster international resident travel. The goal is to establish a relationship with an international group that will allow us to send at least one resident per year for one month to operate in a third-world country. Ultimately, with continued support, we envision that UAB Orthopaedics will also be able to host residents from abroad."

Dr. Nate Sbravati, USA resident representative to the AOS Board of Directors reports, "USA has earmarked the funds for USMLE Step 3 cost for incoming interns over the next five years. This will significantly help decrease the financial stress of beginning a residency and completing their medical boards. Furthermore, this gift will allow us to start a subspecialty specific book scholarship program for our senior level residents,"



# UAB Department of Orthopedic Surgery

Zayne Hyde, M.D., AOS Resident Member at Large



Dr. Zane Hyde



Dr. Erin Ransom



Dr. Matthew Christie



Dr. Allison Hunter



Dr. Jonathan Yu

UAB Department of Orthopaedic Surgery continues to have exciting times of growth as a department under the leadership of Dr. Steven Theiss.

UAB would like to welcome its newest faculty member in **Dr. Erin Ransom**. Dr. Ransom specializes in hand surgery. She received her MD from the Medical College of Georgia. She did her orthopaedic residency and hand and upper extremity fellowship at The University of Alabama at Birmingham. Following fellowship, she completed an additional fellowship specializing in Pediatric Hand Surgery at Children's Healthcare of Atlanta which included treating patients with spasticity and tetraplegia at the Shepherd Center for Rehabilitation.

UAB is welcoming a great new group of interns starting in June. This group includes: **Sterling Tran**, from the University of Virginia; **Mihir Patel**,

from Medical College of Georgia; **Alex Heatherly** from UAB; **Jun Kit He**, from Brown University; **Collier Campbell**, from Emory University; and **Reed Butler**, from the University of Tennessee.

Four UAB Department of Orthopaedic Surgery residents were recently elected to the Alpha Omega Alpha (AOA) Medical Honor Society at UAB. Orthopaedic surgery residents **Matthew Christie, M.D., Allison Hunter, M.D., Zane Hyde, M.D., and Jonathan Yu, M.D.**, were officially inducted into the AOA on Mar. 19, 2020.

Stay connected with UAB Orthopaedics with new subscribe sign up option. Follow this link to sign up to receive UAB newsletter: <https://www.uab.edu/medicine/orthopaedics/news-events/uab-ortho-newsletter>.

We would also like to invite everyone to the Department of Orthopaedic Surgery Grand Rounds which are held twice monthly at 6:30 AM on Tuesdays in the Highlands Hospital Media Center on the first floor of UAB Highlands and currently on Zoom. CME credit is available. Please also refer to our website for new updates and information at [www.uab.edu/medicine/surgery/orthopaedics](http://www.uab.edu/medicine/surgery/orthopaedics)



*UAB Department of Orthopaedic Surgery Residents Class of 2020*



# University of South Alabama Update

Jonathan Gillig, M.D., AOS Resident Member at Large



Dr. Jonathan Gillig



Dr. Anna Rambo



Dr. Daniel Kim



Dr. Nathaniel Sbravati

Another academic year has come and gone with the end of the year being impacted and altered due to the COVID-19 pandemic. As with most of you, the temporary cessation of elective procedures provided its own challenges, however our department was able to utilize the time to completely revamp our residency curriculum. We also were able to institute a month long “intern boot camp” to provide our newest members a strong foundation for their orthopaedic education. Lastly, our department is currently interviewing candidates for the orthopaedic chairman position. The process has provided several excellent candidates and we look forward to the program’s new leadership and direction.

This summer, our graduating chief residents will be departing to further their education in fellowship.

**Dr. Anna Rambo** will be pursuing a fellowship in pediatric orthopaedics at the Campbell Clinic in Memphis, TN. **Dr. Daniel Kim** will be pursuing a fellowship in spine surgery at Twin Cities Spine in Minneapolis, MN.

Lastly, I will be moving to Louisville, KY to pursue a joint arthroplasty fellowship at Norton Healthcare. All three of us are excited about

our future endeavors, yet it will be bittersweet to leave the friends and colleagues we have come to know over these short five years.

Personally, it has been an honor to serve on the board of the Alabama Orthopaedic Society for the past two years. I have thoroughly enjoyed getting to know and working with many of you. While I sincerely missed seeing everyone at The Grand Hotel, I am confident that next year’s meeting will be bigger and better than ever. I am extremely proud of the reserves the society has built over the past few years that has allowed us to weather the current financial storm. Terri has been instrumental in this and her hard work is greatly appreciated. Despite this challenge, the board’s generosity in providing a donation to both residency programs this year is a testament to the desire of AOS to enhance the education of

future orthopaedists. I also deeply believe that investment in residents will enhance our society and engage the future generation of Alabama Orthopaedists.

Finally, **Dr. Nathaniel Sbravati** will be taking over as the University of South Alabama resident member of AOS’s board. He is a native of Brookhaven, MS and went to undergrad at Mississippi State followed by medical school at the University of Mississippi. I am confident that he will be a valuable addition to the AOS board over the course of his term.

As always, we continue to have USA Orthopaedic Grand Rounds every Friday morning at 7 AM. Although we cannot meet in person, we hope you will consider joining us remotely via Zoom when we resume in July. CME continues to remain available.



*USA Residents attend the 3rd Annual Dr. Fred Meyer Orthopaedic Residents’ Golf Tournament*

**2 Excellent Events**  
**1 Fabulous Location**  
**Total up to ~15.75 Hours CME**

**Southeast  
Orthopaedic Foot  
Club Meeting**

up to ~ 5 HOURS

**Alabama  
& Mississippi  
Orthopaedic Societies  
Annual Meeting**

up to ~10.75 HOURS



**The Henderson Beach Resort & Spa**  
**Destin, FL**  
**May 13-15, 2021**



# PLEASE INVITE YOUR SUPPLIERS



The AOS/MOS Annual Meeting provides an excellent opportunity for providers of orthopaedic supplies and services to showcase their products, connect directly with customers and prospects, and visit in a relaxed setting. Please invite your suppliers to exhibit at the annual meeting. For information, contact Terri Mendez: 334-657-6575 / [terri@aosdocs.com](mailto:terri@aosdocs.com)

## Why Exhibit?

1. Access to Orthopaedic Surgeons, Residents, Fellows, Nurse Practitioners and Physicians Assistants from Alabama and Mississippi in all Practice Settings.
2. Invitation to Welcome Reception and President's Dinner. Attendance provides a wonderful opportunity for networking.
3. Pre-Meeting Attendee List – confirmed exhibitors will receive an attendee list as it becomes available prior to the meeting.
4. Post Meeting Attendee List - confirmed exhibitors will receive a final attendee list, including mailing address after the meeting.
5. Print and electronic recognition of company and level of support will be printed in meeting materials and posted to websites.
6. Breakfasts and refreshments during breaks are offered in the exhibit hall to provide optimal networking opportunities.
7. Attendees will be provided with your company name, contact, description of services and website address



Alabama Orthopaedic Society  
1085 Chesson Hill Drive  
Fitzpatrick, AL 36029

# **AAOS Annual Meeting | March 9-13, 2021**

## **San Diego Convention Center**

